

SK≡PTIKO
science & spirituality

***NDE
COMEDY?***

#560-JESSA-REED



1
00:00:00,599 --> 00:00:05,329
on this episode of skeptico

2
00:00:10,129 --> 00:00:07,909
can an nde be funny

3
00:00:12,290 --> 00:00:10,139
well I guess that depends on who's

4
00:00:13,910 --> 00:00:12,300
telling the story

5
00:00:14,610 --> 00:00:13,920
I'm gonna tell a story the last time I

6
00:00:16,369 --> 00:00:14,620
drank piss

7
00:00:20,150 --> 00:00:16,379
[Music]

8
00:00:25,429 --> 00:00:23,750
Gideon Jessa Reed she's Our Guest today

9
00:00:27,230 --> 00:00:25,439
when I got addicted to math it was kind

10
00:00:29,509 --> 00:00:27,240
of an accident and then I was actually

11
00:00:31,609 --> 00:00:29,519
relieved like when when my family was

12
00:00:35,090 --> 00:00:31,619
like don't go down this path you know

13
00:00:36,889 --> 00:00:35,100

I felt so disillusioned with

14

00:00:39,229 --> 00:00:36,899

the reality where I'm just like

15

00:00:41,810 --> 00:00:39,239

everyone's when I got old enough to find

16

00:00:43,490 --> 00:00:41,820

out that magic wasn't real I'm like so

17

00:00:44,990 --> 00:00:43,500

life is just working a job that you hate

18

00:00:46,250 --> 00:00:45,000

so that you can afford a house you don't

19

00:00:47,690 --> 00:00:46,260

give a [h__h] about so you can stay in a

20

00:00:49,190 --> 00:00:47,700

relationship that's already done of

21

00:00:52,270 --> 00:00:49,200

course like let me off of this train

22

00:00:55,189 --> 00:00:52,280

meth addiction cool

23

00:00:58,729 --> 00:00:55,199

this was a fantastic conversation I hope

24

00:01:02,689 --> 00:01:00,830

welcome to skeptico where we explore

25

00:01:04,969 --> 00:01:02,699

controversial science and spirituality

26
00:01:06,710 --> 00:01:04,979
with leading researchers thinkers and

27
00:01:09,469 --> 00:01:06,720
their critics I'm your host Alex akaris

28
00:01:13,070 --> 00:01:09,479
and today we welcome

29
00:01:14,270 --> 00:01:13,080
comedian podcaster Jessa Reed to

30
00:01:17,810 --> 00:01:14,280
skeptico

31
00:01:21,830 --> 00:01:17,820
Jessa welcome thanks for being here

32
00:01:25,850 --> 00:01:21,840
thanks for having me you know um

33
00:01:27,830 --> 00:01:25,860
I love when listeners help me

34
00:01:29,149 --> 00:01:27,840
uh book guests or you know recommend

35
00:01:30,890 --> 00:01:29,159
guests and then particularly I always

36
00:01:34,010 --> 00:01:30,900
put people on the spot I go hey you

37
00:01:35,990 --> 00:01:34,020
reach out you know if it works then get

38
00:01:37,550 --> 00:01:36,000

them involved so Rob did that but I kind

39

00:01:39,649 --> 00:01:37,560

of feel like the more I got into this I

40

00:01:41,690 --> 00:01:39,659

kind of felt like two people were

41

00:01:43,870 --> 00:01:41,700

getting forced into a blind date you

42

00:01:47,569 --> 00:01:43,880

know it's like

43

00:01:52,069 --> 00:01:47,579

okay you know it might be exciting and

44

00:01:55,910 --> 00:01:52,079

good but it might not work so uh

45

00:01:58,609 --> 00:01:55,920

cool cool tell folks about yourself uh

46

00:02:00,170 --> 00:01:58,619

probably most of my listeners you know a

47

00:02:01,850 --> 00:02:00,180

few of them have been are familiar with

48

00:02:05,090 --> 00:02:01,860

you on the scene and you know I'm all

49

00:02:06,490 --> 00:02:05,100

about spirituality deep into the whole

50

00:02:09,229 --> 00:02:06,500

uh

51
00:02:11,270 --> 00:02:09,239
Alien I hate the term alien but you know

52
00:02:13,910 --> 00:02:11,280
what are we gonna do ET

53
00:02:15,890 --> 00:02:13,920
contact experience especially from an

54
00:02:18,229 --> 00:02:15,900
extended Consciousness standpoint super

55
00:02:20,690 --> 00:02:18,239
into nde we've probably done 100 shows

56
00:02:22,809 --> 00:02:20,700
on nde science and all that stuff so we

57
00:02:26,089 --> 00:02:22,819
have a lot of points of intersection

58
00:02:27,890 --> 00:02:26,099
tell people jump us into this what you

59
00:02:32,690 --> 00:02:27,900
do what you're all about

60
00:02:35,030 --> 00:02:32,700
pretty uh primarily focus on the

61
00:02:36,949 --> 00:02:35,040
elevation of consciousness I hate the

62
00:02:38,990 --> 00:02:36,959
words for all of this stuff I imagine

63
00:02:41,990 --> 00:02:39,000

you probably feel the same I don't

64
00:02:43,250 --> 00:02:42,000
resonate with the New Age movement but I

65
00:02:44,690 --> 00:02:43,260
feel like a lot of the things I'm

66
00:02:48,290 --> 00:02:44,700
talking about

67
00:02:50,150 --> 00:02:48,300
sound like they are from The New Age

68
00:02:51,410 --> 00:02:50,160
movement just

69
00:02:53,089 --> 00:02:51,420
um

70
00:02:54,430 --> 00:02:53,099
I'll try to give the shortest version of

71
00:02:57,350 --> 00:02:54,440
this because it's all over the internet

72
00:03:01,910 --> 00:02:57,360
in longer versions I had a near-death

73
00:03:05,930 --> 00:03:01,920
experience in 2000 I was on a math

74
00:03:08,449 --> 00:03:05,940
Bender so I am as open to the idea that

75
00:03:12,890 --> 00:03:08,459
the experience I had as a result of this

76
00:03:15,649 --> 00:03:12,900
was some sort of psychosis but I had a

77
00:03:18,229 --> 00:03:15,659
near-death experience and I went back to

78
00:03:20,390 --> 00:03:18,239
a blue ball of light that explained that

79
00:03:24,050 --> 00:03:20,400
reality is some sort of

80
00:03:27,530 --> 00:03:24,060
game I guess for lack of a way to

81
00:03:29,809 --> 00:03:27,540
explain it and that the Consciousness

82
00:03:31,729 --> 00:03:29,819
that had been playing the game on this

83
00:03:34,250 --> 00:03:31,739
planet had been playing all the way back

84
00:03:36,830 --> 00:03:34,260
to the dinosaurs and that we were about

85
00:03:38,930 --> 00:03:36,840
to switch to a different game

86
00:03:40,369 --> 00:03:38,940
and after I came back from this

87
00:03:43,970 --> 00:03:40,379
near-death experience I was given the

88
00:03:47,089 --> 00:03:43,980

option to come back or stay there

89

00:03:48,890 --> 00:03:47,099

I it was better there like it wasn't

90

00:03:52,369 --> 00:03:48,900

like

91

00:03:56,089 --> 00:03:52,379

back

92

00:03:57,949 --> 00:03:56,099

to the physical reality I chose to come

93

00:04:00,309 --> 00:03:57,959

back I did have to deal with about a

94

00:04:03,229 --> 00:04:00,319

year of really regretting that decision

95

00:04:04,970 --> 00:04:03,239

afterwards I did try to go back to the

96

00:04:07,070 --> 00:04:04,980

blue ball of light a couple of times it

97

00:04:08,750 --> 00:04:07,080

did not work I kind of Russian dolled

98

00:04:10,429 --> 00:04:08,760

back onto

99

00:04:12,949 --> 00:04:10,439

what I would Now call a different

100

00:04:15,410 --> 00:04:12,959

timeline

101
00:04:17,629 --> 00:04:15,420
um I didn't have any of the language for

102
00:04:21,050 --> 00:04:17,639
that I I still saw reality of something

103
00:04:28,310 --> 00:04:24,770
um and for the next five years while on

104
00:04:29,870 --> 00:04:28,320
drugs I communicated with I call them

105
00:04:33,290 --> 00:04:29,880
aliens just because I think it's funny

106
00:04:34,670 --> 00:04:33,300
but they are definitely not

107
00:04:37,010 --> 00:04:34,680
I don't know

108
00:04:38,689 --> 00:04:37,020
I can see how they are interpreted how

109
00:04:41,290 --> 00:04:38,699
they are interpreted but my experience

110
00:04:45,050 --> 00:04:41,300
with them is that they were

111
00:04:47,749 --> 00:04:45,060
non-physical and more or less a future

112
00:04:51,050 --> 00:04:47,759
version of us or an extension of us

113
00:04:53,689 --> 00:04:51,060

rather than like Martians

114

00:04:56,210 --> 00:04:53,699

and the ones I had contact with were

115

00:04:59,450 --> 00:04:56,220

very benevolent and seemed very invested

116

00:05:02,810 --> 00:04:59,460

in the process of Consciousness on Earth

117

00:05:07,610 --> 00:05:02,820

and the things that I were taught I was

118

00:05:11,689 --> 00:05:07,620

taught were intended to assist

119

00:05:14,210 --> 00:05:11,699

in any way I could in this kind of

120

00:05:18,050 --> 00:05:14,220

process that I now believe we are in

121

00:05:20,570 --> 00:05:18,060

great so terrific and there's a million

122

00:05:22,909 --> 00:05:20,580

jumping off points there many of which

123

00:05:26,150 --> 00:05:22,919

we've kind of explored on this show

124

00:05:28,430 --> 00:05:26,160

but I guess where I always come my

125

00:05:29,450 --> 00:05:28,440

orientation from this was first and

126

00:05:31,850 --> 00:05:29,460

foremost

127

00:05:34,430 --> 00:05:31,860

from a spiritual perspective I kind of

128

00:05:36,409 --> 00:05:34,440

had this yoga thing for the longest time

129

00:05:38,930 --> 00:05:36,419

and I don't know why but it awoken me in

130

00:05:40,850 --> 00:05:38,940

this kind of non-dual sensibility but I

131

00:05:42,350 --> 00:05:40,860

also had this very practical kind of

132

00:05:45,730 --> 00:05:42,360

business

133

00:05:49,490 --> 00:05:45,740

success driven you know kind of thing

134

00:05:50,870 --> 00:05:49,500

so I want to accomplish one and then as

135

00:05:52,550 --> 00:05:50,880

soon as I did I wanted to answer big

136

00:05:55,490 --> 00:05:52,560

picture questions who are we why are we

137

00:05:57,170 --> 00:05:55,500

here but because of my background I felt

138

00:05:59,029 --> 00:05:57,180

the way to do that was through science

139

00:06:00,770 --> 00:05:59,039

you know that science would at least

140

00:06:02,270 --> 00:06:00,780

give us a leg up and I had an inkling

141

00:06:04,550 --> 00:06:02,280

that they were

142

00:06:06,110 --> 00:06:04,560

messing with the recipe there and they

143

00:06:09,170 --> 00:06:06,120

weren't playing the game right but I

144

00:06:11,029 --> 00:06:09,180

still went there and I'm glad I did so I

145

00:06:13,550 --> 00:06:11,039

kind of interviewed a ton of people in

146

00:06:15,529 --> 00:06:13,560

the parapsychology area to try and

147

00:06:17,150 --> 00:06:15,539

understand what Consciousness is the

148

00:06:19,370 --> 00:06:17,160

best we can understand it and why

149

00:06:21,110 --> 00:06:19,380

science is lying about Consciousness why

150

00:06:23,870 --> 00:06:21,120

they're ignoring all these experiments

151
00:06:25,129 --> 00:06:23,880
that kind of established this whole idea

152
00:06:26,749 --> 00:06:25,139
that there is this extended

153
00:06:29,029 --> 00:06:26,759
Consciousness and of course in every

154
00:06:32,590 --> 00:06:29,039
culture throughout time has recognized

155
00:06:34,430 --> 00:06:32,600
it why are we in particular kind of

156
00:06:36,529 --> 00:06:34,440
denying that and that was kind of

157
00:06:39,110 --> 00:06:36,539
conspiracy number one is just kind of

158
00:06:42,110 --> 00:06:39,120
the fake science around Consciousness

159
00:06:44,330 --> 00:06:42,120
and then that led me to the near-death

160
00:06:46,670 --> 00:06:44,340
experience stuff and then the ET stuff

161
00:06:48,710 --> 00:06:46,680
just kind of popped up right there not

162
00:06:51,290 --> 00:06:48,720
from an experiential standpoint from a

163
00:06:53,749 --> 00:06:51,300

standpoint of if you just follow the

164

00:06:56,150 --> 00:06:53,759

freaking data it's kind of undeniable I

165

00:06:59,150 --> 00:06:56,160

mean they're turning off nukes you know

166

00:07:01,129 --> 00:06:59,160

and then the Wall comes down and the

167

00:07:02,930 --> 00:07:01,139

Soviet Union and we get their secret

168

00:07:05,150 --> 00:07:02,940

files they go yeah they turned them on

169

00:07:08,029 --> 00:07:05,160

over here too and they're kind of giving

170

00:07:09,770 --> 00:07:08,039

you the message like don't play with

171

00:07:12,589 --> 00:07:09,780

those toys you're playing with so

172

00:07:14,870 --> 00:07:12,599

there's all this kind of like real stuff

173

00:07:16,850 --> 00:07:14,880

associated with

174

00:07:20,210 --> 00:07:16,860

and your death experience extended

175

00:07:21,170 --> 00:07:20,220

Consciousness I have no problem with the

176

00:07:23,270 --> 00:07:21,180

uh

177

00:07:25,129 --> 00:07:23,280

you know what math I don't normally

178

00:07:27,589 --> 00:07:25,139

associate with hallucinogenic kind of

179

00:07:28,969 --> 00:07:27,599

experience but whatever gets you there

180

00:07:30,230 --> 00:07:28,979

you know it's this extended

181

00:07:33,230 --> 00:07:30,240

Consciousness thing bringing back

182

00:07:36,469 --> 00:07:33,240

reality what I've always been about and

183

00:07:39,350 --> 00:07:36,479

I guess so like my thing my big

184

00:07:40,370 --> 00:07:39,360

lightning rod to throw at you is you

185

00:07:43,189 --> 00:07:40,380

know

186

00:07:46,309 --> 00:07:43,199

I get kind of irks sometimes that

187

00:07:48,650 --> 00:07:46,319

comedians are taking the truth out of

188

00:07:52,189 --> 00:07:48,660

truther movement you know we're supposed

189

00:07:54,950 --> 00:07:52,199

to be about trying to figure out as best

190

00:07:58,430 --> 00:07:54,960

we can what is real and I'll put the air

191

00:08:00,529 --> 00:07:58,440

quotes on that because obviously the the

192

00:08:02,029 --> 00:08:00,539

fundamental understanding it that you

193

00:08:04,550 --> 00:08:02,039

get from this no matter what direction

194

00:08:08,990 --> 00:08:04,560

you come is that there's a

195

00:08:11,150 --> 00:08:09,000

definite non-reality to this whole thing

196

00:08:12,950 --> 00:08:11,160

you mean using

197

00:08:14,450 --> 00:08:12,960

um these movements or these kind of

198

00:08:16,550 --> 00:08:14,460

ideas as

199

00:08:18,290 --> 00:08:16,560

material to make fun of

200

00:08:19,969 --> 00:08:18,300

no no because I don't think you're

201
00:08:22,850 --> 00:08:19,979
making fun of it you definitely aren't

202
00:08:26,029 --> 00:08:22,860
making fun of it so look look I could I

203
00:08:27,710 --> 00:08:26,039
could play this two ways I could say and

204
00:08:28,909 --> 00:08:27,720
I even I drew these up and I was going

205
00:08:31,070 --> 00:08:28,919
to send them to you and I was like it's

206
00:08:32,690 --> 00:08:31,080
being a little too cheeky but like on

207
00:08:35,389 --> 00:08:32,700
one hand you could say

208
00:08:36,889 --> 00:08:35,399
I could say Hey you know comedians are

209
00:08:37,969 --> 00:08:36,899
ruining that they're taking the truth

210
00:08:39,529 --> 00:08:37,979
out of the truth of the truth or

211
00:08:43,009 --> 00:08:39,539
movement and then you could turn around

212
00:08:45,530 --> 00:08:43,019
and go no you idiot comedians are

213
00:08:47,030 --> 00:08:45,540

expanding the truth or Movement by

214

00:08:50,050 --> 00:08:47,040

whatever you want to call truth or

215

00:08:52,670 --> 00:08:50,060

Movement by Awakening more people

216

00:08:55,430 --> 00:08:52,680

challenging this kind of very rigid

217

00:08:56,810 --> 00:08:55,440

Paradigm that we we kind of you know our

218

00:08:58,430 --> 00:08:56,820

parents were in and everyone we can

219

00:09:00,889 --> 00:08:58,440

think of we're in and we're breaking

220

00:09:02,870 --> 00:09:00,899

through that in a way that brings more

221

00:09:05,410 --> 00:09:02,880

people in you know so there's kind of

222

00:09:07,670 --> 00:09:05,420

but there is a tension there like

223

00:09:09,530 --> 00:09:07,680

in terms of

224

00:09:11,210 --> 00:09:09,540

all the things that you just said about

225

00:09:13,370 --> 00:09:11,220

your near-death experience well there's

226

00:09:15,769 --> 00:09:13,380

a lot of scientists that have studied

227

00:09:17,750 --> 00:09:15,779

the near-death experience and study like

228

00:09:20,570 --> 00:09:17,760

I just interviewed a guy his his name is

229

00:09:22,250 --> 00:09:20,580

Dr Gregory shushan and what he's done

230

00:09:24,250 --> 00:09:22,260

he's probably the world's leading

231

00:09:27,650 --> 00:09:24,260

Authority on near-death experience

232

00:09:30,170 --> 00:09:27,660

across culture across time so he has

233

00:09:32,990 --> 00:09:30,180

these 500 year old near-death

234

00:09:35,090 --> 00:09:33,000

experiences from China and then these

235

00:09:37,370 --> 00:09:35,100

near-death experiences from Polynesia

236

00:09:41,269 --> 00:09:37,380

and he shows how they change the whole

237

00:09:43,790 --> 00:09:41,279

culture so to me that's like a truth

238

00:09:46,009 --> 00:09:43,800

that I want to move towards and kind of

239

00:09:48,050 --> 00:09:46,019

process into this whole thing and

240

00:09:50,269 --> 00:09:48,060

process into your near-death experience

241

00:09:51,170 --> 00:09:50,279

but also other people's near-death

242

00:09:53,750 --> 00:09:51,180

experience

243

00:09:55,670 --> 00:09:53,760

to try and play this game that we can

244

00:09:58,550 --> 00:09:55,680

figure this stuff out to some degree

245

00:10:01,250 --> 00:09:58,560

even if we kind of can't

246

00:10:03,130 --> 00:10:01,260

yeah I

247

00:10:06,290 --> 00:10:03,140

um I'm not sure that I'm clear how

248

00:10:10,190 --> 00:10:06,300

comedians are not doing that but

249

00:10:15,110 --> 00:10:13,430

schools of thought within comedy but my

250

00:10:17,630 --> 00:10:15,120

understanding of Truth and this is just

251
00:10:18,710 --> 00:10:17,640
my perspective is that like it's a giant

252
00:10:22,190 --> 00:10:18,720
Circle

253
00:10:23,690 --> 00:10:22,200
and that our we are all individuals

254
00:10:26,150 --> 00:10:23,700
Within

255
00:10:28,370 --> 00:10:26,160
one giant Consciousness and let's say

256
00:10:30,949 --> 00:10:28,380
that's inside of the circle like uh like

257
00:10:33,350 --> 00:10:30,959
a disco ball and each one of us is one

258
00:10:36,650 --> 00:10:33,360
of those tiny squares and that most of

259
00:10:37,730 --> 00:10:36,660
what we do in our search for truth is

260
00:10:40,670 --> 00:10:37,740
debate

261
00:10:44,329 --> 00:10:40,680
with people who are looking at the

262
00:10:48,050 --> 00:10:44,339
opposite side of this circle that

263
00:10:52,790 --> 00:10:48,060

encompasses truth and just arguing Ad

264

00:10:54,470 --> 00:10:52,800

nauseam about what is real

265

00:10:56,389 --> 00:10:54,480

when I'm looking at the ceiling you're

266

00:10:58,610 --> 00:10:56,399

looking at the floor for me the ceiling

267

00:11:00,470 --> 00:10:58,620

is real for you the floor is real and

268

00:11:03,650 --> 00:11:00,480

that we are never going to figure out

269

00:11:05,110 --> 00:11:03,660

what truth is until we come at it with

270

00:11:08,509 --> 00:11:05,120

some sort of

271

00:11:10,850 --> 00:11:08,519

open-minded curiosity about one

272

00:11:15,470 --> 00:11:10,860

another's perspective

273

00:11:17,090 --> 00:11:15,480

rather than this kind of argumentative

274

00:11:19,430 --> 00:11:17,100

debate

275

00:11:22,269 --> 00:11:19,440

so you know and I say this is someone

276

00:11:24,650 --> 00:11:22,279

who gets sucked into debates or or

277

00:11:26,170 --> 00:11:24,660

entrenching into my own beliefs usually

278

00:11:28,790 --> 00:11:26,180

out of some sort of

279

00:11:30,710 --> 00:11:28,800

insecurity in them but

280

00:11:33,710 --> 00:11:30,720

throughout

281

00:11:36,470 --> 00:11:33,720

my life what I have

282

00:11:39,170 --> 00:11:36,480

come to find is that whenever I have a

283

00:11:41,210 --> 00:11:39,180

very rigid idea of how

284

00:11:44,810 --> 00:11:41,220

things need to play out for the

285

00:11:48,230 --> 00:11:44,820

Awakening or what people need to to see

286

00:11:51,829 --> 00:11:48,240

the truth or whatever I I zoom out over

287

00:11:53,389 --> 00:11:51,839

time and experience find out that my

288

00:11:55,370 --> 00:11:53,399

rigid

289

00:11:57,170 --> 00:11:55,380

idea of how this needs to play out

290

00:12:01,930 --> 00:11:57,180

wasn't actually

291

00:12:05,509 --> 00:12:01,940

honoring this kind of trickster element

292

00:12:06,829 --> 00:12:05,519

in Consciousness and so now I'm just at

293

00:12:10,670 --> 00:12:06,839

this point

294

00:12:14,150 --> 00:12:10,680

you know I woke up in 2000 and I was

295

00:12:16,250 --> 00:12:14,160

very attached to how this kind of

296

00:12:17,449 --> 00:12:16,260

collective Awakening you know and you go

297

00:12:18,889 --> 00:12:17,459

through the thing I went through the

298

00:12:21,530 --> 00:12:18,899

hardcore

299

00:12:23,569 --> 00:12:21,540

wild conspiracies theory phase you know

300

00:12:25,009 --> 00:12:23,579

because you wake up and you feel oh my

301
00:12:26,750 --> 00:12:25,019
god I've been lied to and now you're

302
00:12:28,610 --> 00:12:26,760
looking for it everywhere and you're

303
00:12:30,530 --> 00:12:28,620
also filtering it through I think the

304
00:12:32,629 --> 00:12:30,540
trauma healing has to be a huge part of

305
00:12:35,150 --> 00:12:32,639
this because otherwise you're projecting

306
00:12:37,730 --> 00:12:35,160
your Darkness onto everything and

307
00:12:41,269 --> 00:12:37,740
everything looks like a hand-wringing

308
00:12:44,930 --> 00:12:41,279
conspiracy rather than what I call a

309
00:12:47,569 --> 00:12:44,940
tiny a million tiny agendas where this

310
00:12:49,670 --> 00:12:47,579
kind of trickster element plays out in

311
00:12:52,190 --> 00:12:49,680
reality because everyone's focused on

312
00:12:54,710 --> 00:12:52,200
their one little tiny thing

313
00:12:56,210 --> 00:12:54,720

um and it and it I don't know I'm

314

00:12:58,490 --> 00:12:56,220

starting to get to the point where I'm

315

00:13:01,550 --> 00:12:58,500

like there are no external enemies we're

316

00:13:04,370 --> 00:13:01,560

all just playing in this game together

317

00:13:06,050 --> 00:13:04,380

um but so no I don't

318

00:13:09,110 --> 00:13:06,060

I think if you're talking about

319

00:13:11,389 --> 00:13:09,120

opposition in comedy I think that some

320

00:13:13,430 --> 00:13:11,399

of us are meant to be what I think you

321

00:13:14,889 --> 00:13:13,440

resonate with which is more kind of data

322

00:13:18,350 --> 00:13:14,899

driven

323

00:13:20,090 --> 00:13:18,360

quantifiable or challenging what is

324

00:13:22,730 --> 00:13:20,100

quantifiable kind of pushing in that

325

00:13:25,610 --> 00:13:22,740

more kind of masculine energy and others

326

00:13:29,870 --> 00:13:25,620

of us are supposed to be in the more

327

00:13:32,509 --> 00:13:29,880

fluid artistic philosopher

328

00:13:35,590 --> 00:13:32,519

and those things coming up against each

329

00:13:38,509 --> 00:13:35,600

other is how we get to truce

330

00:13:41,269 --> 00:13:38,519

yeah there's a lot there's a lot there

331

00:13:44,509 --> 00:13:41,279

to really kind of uh work through so

332

00:13:46,850 --> 00:13:44,519

like again fundamentally I come at this

333

00:13:50,030 --> 00:13:46,860

from a kind of non-dual perspective the

334

00:13:52,550 --> 00:13:50,040

disco ball perspective the bubble in the

335

00:13:54,470 --> 00:13:52,560

ocean you know it's just a bubble in the

336

00:13:56,509 --> 00:13:54,480

ocean and it just dissolves back into

337

00:13:57,829 --> 00:13:56,519

the ocean and don't get too worked up

338

00:14:00,170 --> 00:13:57,839

about it

339

00:14:02,150 --> 00:14:00,180

but then I guess I I when I take that I

340

00:14:05,449 --> 00:14:02,160

Go part of the reason why I believe that

341

00:14:07,790 --> 00:14:05,459

is because The Reincarnation research

342

00:14:11,870 --> 00:14:07,800

done at University of Virginia that was

343

00:14:13,670 --> 00:14:11,880

carefully done for years and years by

344

00:14:15,650 --> 00:14:13,680

all these and published and

345

00:14:19,009 --> 00:14:15,660

peer-reviewed papers and I go I point to

346

00:14:21,230 --> 00:14:19,019

that and I go that makes me kind of

347

00:14:24,110 --> 00:14:21,240

confident in that reality that I

348

00:14:25,250 --> 00:14:24,120

understand is a reality and I'd say the

349

00:14:27,530 --> 00:14:25,260

same thing about the near-death

350

00:14:29,569 --> 00:14:27,540

experience with Gregory shushan or other

351

00:14:31,910 --> 00:14:29,579

people so

352

00:14:33,889 --> 00:14:31,920

one of the what I guess I was pointing

353

00:14:37,129 --> 00:14:33,899

to when I was talking about the truther

354

00:14:39,889 --> 00:14:37,139

movement is I didn't awaken to the

355

00:14:43,069 --> 00:14:39,899

conspiracy stuff for kind of a long time

356

00:14:44,410 --> 00:14:43,079

I was just kind of I was oblivious and I

357

00:14:47,269 --> 00:14:44,420

was kind of going down this other path

358

00:14:48,949 --> 00:14:47,279

but then I did have that process of when

359

00:14:51,230 --> 00:14:48,959

you wake up to the conspiracy thing

360

00:14:54,710 --> 00:14:51,240

you're like oh my God you know

361

00:14:57,170 --> 00:14:54,720

everything is kind of a conspiracy so

362

00:14:58,189 --> 00:14:57,180

I'm going off on a long thing but the

363

00:15:01,850 --> 00:14:58,199

point is

364

00:15:03,850 --> 00:15:01,860

you have to dig to get to that truth

365

00:15:06,350 --> 00:15:03,860

that truth isn't just

366

00:15:08,329 --> 00:15:06,360

revealed to you as a matter of fact it's

367

00:15:11,710 --> 00:15:08,339

hidden in all these different ways that

368

00:15:14,150 --> 00:15:11,720

you have to figure out so that is very

369

00:15:19,009 --> 00:15:14,160

non-discobalish kind of thing that is

370

00:15:20,509 --> 00:15:19,019

like here now you know Bitcoin I heard

371

00:15:22,430 --> 00:15:20,519

you talking about you know one of my

372

00:15:25,370 --> 00:15:22,440

favorite movies too The Big Short on a

373

00:15:28,069 --> 00:15:25,380

thing you just did that's very Third

374

00:15:32,090 --> 00:15:28,079

Dimension as Jessa likes to say this

375

00:15:34,129 --> 00:15:32,100

world and I just I just think that has

376

00:15:37,189 --> 00:15:34,139

to be preserved in this process because

377

00:15:39,829 --> 00:15:37,199

if we just kind of jump past that then

378

00:15:44,629 --> 00:15:39,839

we're all just kind of making stuff up

379

00:15:45,590 --> 00:15:44,639

I I agree with that I think that one of

380

00:15:47,449 --> 00:15:45,600

my

381

00:15:50,930 --> 00:15:47,459

one of the things that frustrates me

382

00:15:53,829 --> 00:15:50,940

about spirituality while I do think a

383

00:15:57,530 --> 00:15:53,839

lot of focus needs to be

384

00:15:59,389 --> 00:15:57,540

placed on raising your awareness in this

385

00:16:00,530 --> 00:15:59,399

moment if that's coming naturally to you

386

00:16:02,269 --> 00:16:00,540

A lot of people are going through an

387

00:16:04,730 --> 00:16:02,279

Awakening right now and it's a process

388

00:16:07,189 --> 00:16:04,740

and it takes up a lot of bandwidth but I

389

00:16:11,569 --> 00:16:07,199

think there is this fantasy that

390

00:16:14,030 --> 00:16:11,579

spirituality is about escaping reality

391

00:16:17,329 --> 00:16:14,040

and so they're looking for this it

392

00:16:19,310 --> 00:16:17,339

becomes a new postponed happiness it

393

00:16:21,050 --> 00:16:19,320

becomes a way to dissociate from the

394

00:16:22,850 --> 00:16:21,060

reality that you're currently living in

395

00:16:24,710 --> 00:16:22,860

I don't know that I would agree that

396

00:16:27,470 --> 00:16:24,720

everyone needs to get to the Bottom of

397

00:16:29,150 --> 00:16:27,480

Everything some people you know that's

398

00:16:32,110 --> 00:16:29,160

not their Department some people are

399

00:16:35,210 --> 00:16:32,120

just raising kids other people are

400

00:16:37,490 --> 00:16:35,220

revolutionizing medicine other people

401
00:16:39,530 --> 00:16:37,500
are you know I the way that my mind

402
00:16:42,590 --> 00:16:39,540
works you can put data in front of me

403
00:16:44,810 --> 00:16:42,600
and my brain will be in outer space five

404
00:16:48,829 --> 00:16:44,820
seconds later I can't listen to podcasts

405
00:16:51,650 --> 00:16:48,839
I don't have I don't have a uh a great

406
00:16:53,389 --> 00:16:51,660
capacity for taking in information and

407
00:16:56,030 --> 00:16:53,399
processing it my partner on the other

408
00:16:57,650 --> 00:16:56,040
hand 10 podcasts a day you can read a

409
00:16:59,689 --> 00:16:57,660
book in a day and a half and then he

410
00:17:02,090 --> 00:16:59,699
gives me the cliffs and then I

411
00:17:03,769 --> 00:17:02,100
immediately forget it and then I process

412
00:17:05,390 --> 00:17:03,779
it and then I think I came up with it a

413
00:17:08,990 --> 00:17:05,400

week later

414

00:17:11,029 --> 00:17:09,000

um so I do think there are

415

00:17:15,590 --> 00:17:11,039

in the disco ball there are some people

416

00:17:18,590 --> 00:17:15,600

who are bringing into our Collective

417

00:17:20,029 --> 00:17:18,600

awareness this truth and looking at

418

00:17:23,029 --> 00:17:20,039

things from a different perspective

419

00:17:25,370 --> 00:17:23,039

because that comes naturally to you and

420

00:17:26,210 --> 00:17:25,380

because that is

421

00:17:28,069 --> 00:17:26,220

um

422

00:17:30,350 --> 00:17:28,079

not to be like follow your bliss but

423

00:17:36,710 --> 00:17:30,360

that is where your energy is kind of

424

00:17:40,370 --> 00:17:36,720

naturally taken and there it there is a

425

00:17:40,970 --> 00:17:40,380

slightly Evangelical

426

00:17:43,850 --> 00:17:40,980

um

427

00:17:46,070 --> 00:17:43,860

thing for a lot of people looking at

428

00:17:47,930 --> 00:17:46,080

conspiracy and I mean the full range

429

00:17:50,450 --> 00:17:47,940

from flatter to just the government yeah

430

00:17:53,390 --> 00:17:50,460

of course the government come on

431

00:17:55,909 --> 00:17:53,400

um but is this kind of Evangelical kind

432

00:17:57,529 --> 00:17:55,919

of proselytizing kinds of and I've been

433

00:17:59,930 --> 00:17:57,539

there sky is falling I need everyone

434

00:18:02,630 --> 00:17:59,940

else to know this and what I came to see

435

00:18:04,669 --> 00:18:02,640

is that people can't hear what they're

436

00:18:05,810 --> 00:18:04,679

not supposed to hear and they're either

437

00:18:08,150 --> 00:18:05,820

not supposed to hear it because they're

438

00:18:10,310 --> 00:18:08,160

not they they haven't opened their they

439

00:18:11,390 --> 00:18:10,320

don't have enough space for it yet or

440

00:18:13,010 --> 00:18:11,400

they're not supposed to hear it because

441

00:18:15,710 --> 00:18:13,020

it's not their thing or because they're

442

00:18:19,130 --> 00:18:15,720

programmed you know conspiracy theories

443

00:18:20,390 --> 00:18:19,140

now a dirty word right you you put these

444

00:18:22,370 --> 00:18:20,400

is the same thing with the New Age

445

00:18:24,950 --> 00:18:22,380

movement I have to change the language I

446

00:18:27,289 --> 00:18:24,960

use all the time because after a while a

447

00:18:30,289 --> 00:18:27,299

word or phrase comes to mean something

448

00:18:32,210 --> 00:18:30,299

that shuts down the critical factor in

449

00:18:34,549 --> 00:18:32,220

people's minds so they're not

450

00:18:36,350 --> 00:18:34,559

it immediately closes their mind so

451

00:18:38,330 --> 00:18:36,360

trying to

452

00:18:41,090 --> 00:18:38,340

have conversations about some of these

453

00:18:43,549 --> 00:18:41,100

subjects I've learned like I I drop

454

00:18:45,529 --> 00:18:43,559

words and switch to a different language

455

00:18:48,169 --> 00:18:45,539

but I've also just really released the

456

00:18:50,750 --> 00:18:48,179

need to have anyone else believe

457

00:18:52,850 --> 00:18:50,760

anything that they are not ready to

458

00:18:54,470 --> 00:18:52,860

believe because I don't believe

459

00:18:57,350 --> 00:18:54,480

we're never going to homogenize

460

00:19:00,470 --> 00:18:57,360

Consciousness we just have to master the

461

00:19:02,270 --> 00:19:00,480

unity so I agree I think it's both I

462

00:19:04,310 --> 00:19:02,280

think it's when it comes to changing

463

00:19:06,110 --> 00:19:04,320

other people it's the mirror ball when

464

00:19:08,510 --> 00:19:06,120

it comes to my own personal life and

465

00:19:10,010 --> 00:19:08,520

existence focused here in the third

466

00:19:13,430 --> 00:19:10,020

dimension

467

00:19:15,830 --> 00:19:13,440

so that's cool let me tie it down to an

468

00:19:17,750 --> 00:19:15,840

example because like so many of the

469

00:19:21,650 --> 00:19:17,760

things that you're saying

470

00:19:24,169 --> 00:19:21,660

I've found to be incredibly not just

471

00:19:26,390 --> 00:19:24,179

true but powerful you know so I'm drawn

472

00:19:29,270 --> 00:19:26,400

to a lot of things you're saying but

473

00:19:31,970 --> 00:19:29,280

then I want to like show you why I think

474

00:19:34,250 --> 00:19:31,980

uh how I buy how I got there and how I

475

00:19:35,930 --> 00:19:34,260

back that up because at the same time

476

00:19:38,330 --> 00:19:35,940

that I want to call out these other

477

00:19:41,029 --> 00:19:38,340

things and say wait you haven't you

478

00:19:43,549 --> 00:19:41,039

haven't convinced me over this Edge so

479

00:19:46,430 --> 00:19:43,559

like I think your process of

480

00:19:48,110 --> 00:19:46,440

reintegration after your nde is really

481

00:19:50,930 --> 00:19:48,120

interesting and you know the first

482

00:19:55,090 --> 00:19:50,940

researcher to ever really draw that out

483

00:19:57,650 --> 00:19:55,100

was a woman named Dr pmh Atwater she's

484

00:19:59,570 --> 00:19:57,660

older now but she is really brilliant

485

00:20:02,149 --> 00:19:59,580

she's a real firecracker she because she

486

00:20:06,049 --> 00:20:02,159

kind of Riles people up she's a very

487

00:20:07,909 --> 00:20:06,059

solid researcher PhD but she started

488

00:20:11,210 --> 00:20:07,919

when the near-death experience

489

00:20:13,190 --> 00:20:11,220

experience thing first hit it was all

490

00:20:16,010 --> 00:20:13,200

love and light and the other thing it

491

00:20:18,409 --> 00:20:16,020

was it was prone to be co-opted by

492

00:20:20,990 --> 00:20:18,419

Christians you know like hey we told you

493

00:20:22,430 --> 00:20:21,000

we told you and there's Jesus you know

494

00:20:23,810 --> 00:20:22,440

and I even told you like the one guy I

495

00:20:25,430 --> 00:20:23,820

interviewed he's like and this guy was

496

00:20:28,010 --> 00:20:25,440

really dead he was in the morgue for 20

497

00:20:30,830 --> 00:20:28,020

minutes and he saw Jesus and then he was

498

00:20:32,149 --> 00:20:30,840

convinced afterwards that if you didn't

499

00:20:34,430 --> 00:20:32,159

see Jesus

500

00:20:36,770 --> 00:20:34,440

then Satan was running the show and your

501
00:20:38,149 --> 00:20:36,780
near-death experience so in my the guy's

502
00:20:42,110 --> 00:20:38,159
name is Ian McCormick in my interview

503
00:20:44,870 --> 00:20:42,120
with Michael and you know your spiritual

504
00:20:47,390 --> 00:20:44,880
experience your journey great buddy but

505
00:20:49,669 --> 00:20:47,400
I got to tell you the data is not in

506
00:20:50,810 --> 00:20:49,679
your favor if you go look at a thousand

507
00:20:52,370 --> 00:20:50,820
people that have had near-death

508
00:20:54,049 --> 00:20:52,380
experience

509
00:20:55,190 --> 00:20:54,059
here are the things that are similar

510
00:20:56,830 --> 00:20:55,200
here are the things that are different

511
00:20:59,390 --> 00:20:56,840
but that

512
00:21:03,289 --> 00:20:59,400
jesus-centric Jesus only kind of thing

513
00:21:05,870 --> 00:21:03,299

is very very rare so I'm not telling you

514

00:21:08,690 --> 00:21:05,880

that isn't your experience I'm just

515

00:21:11,630 --> 00:21:08,700

telling you that you know so what the

516

00:21:14,630 --> 00:21:11,640

other thing that pmh Atwater did though

517

00:21:16,250 --> 00:21:14,640

is she got past the kind of just light

518

00:21:19,669 --> 00:21:16,260

and love of the new death experience and

519

00:21:21,409 --> 00:21:19,679

said this is [h__h] people up people

520

00:21:24,289 --> 00:21:21,419

are coming back they're having a super

521

00:21:26,270 --> 00:21:24,299

high divorce rate are having depression

522

00:21:27,950 --> 00:21:26,280

are having this period where they go

523

00:21:29,029 --> 00:21:27,960

through where they're evangelizing like

524

00:21:31,190 --> 00:21:29,039

you're saying they just have to grab

525

00:21:33,230 --> 00:21:31,200

everything go you don't know the light

526

00:21:36,169 --> 00:21:33,240

is out there you know kind of thing and

527

00:21:37,789 --> 00:21:36,179

then like that's a real thing and then

528

00:21:39,770 --> 00:21:37,799

if you go talk to you know some of the

529

00:21:41,390 --> 00:21:39,780

people who've been in the wisdom

530

00:21:42,770 --> 00:21:41,400

Traditions like in India or something

531

00:21:44,330 --> 00:21:42,780

like that they go oh man that's what

532

00:21:46,130 --> 00:21:44,340

happens you know you have this people

533

00:21:48,230 --> 00:21:46,140

have this Kundalini experience and we

534

00:21:50,330 --> 00:21:48,240

have to just kind of put them over there

535

00:21:52,190 --> 00:21:50,340

and just kind of take care of them and

536

00:21:53,510 --> 00:21:52,200

just quietly leave them alone for six

537

00:21:56,029 --> 00:21:53,520

months and they kind of come back around

538

00:21:57,610 --> 00:21:56,039

kind of thing well to me that is

539

00:22:01,190 --> 00:21:57,620

incredibly

540

00:22:05,270 --> 00:22:01,200

important to understanding this whole

541

00:22:09,230 --> 00:22:05,280

thing but it takes a level of

542

00:22:12,529 --> 00:22:09,240

of wanting to get there not everyone's

543

00:22:16,010 --> 00:22:12,539

truth is equal not everyone everyone's

544

00:22:19,850 --> 00:22:16,020

opinion is equally valid and then if you

545

00:22:22,250 --> 00:22:19,860

add to that the [h__\h] deception where

546

00:22:25,370 --> 00:22:22,260

they are intentionally trying to mislead

547

00:22:28,370 --> 00:22:25,380

intentionally trying to misinform I I'm

548

00:22:30,950 --> 00:22:28,380

just passionate about trying to

549

00:22:33,669 --> 00:22:30,960

understand that Battlefield that we're

550

00:22:36,710 --> 00:22:33,679

on because I think it is

551
00:22:38,210 --> 00:22:36,720
necessary to kind of navigate these

552
00:22:40,789 --> 00:22:38,220
truths

553
00:22:42,830 --> 00:22:40,799
yeah I think that that I

554
00:22:44,450 --> 00:22:42,840
the stuff about

555
00:22:46,669 --> 00:22:44,460
interesting I've never

556
00:22:48,470 --> 00:22:46,679
really I definitely was yeah the

557
00:22:50,270 --> 00:22:48,480
integration was difficult I am so

558
00:22:52,850 --> 00:22:50,280
grateful that I the a the internet

559
00:22:56,450 --> 00:22:52,860
didn't exist but there was no social

560
00:22:59,649 --> 00:22:56,460
media and that I was just kind of

561
00:23:03,710 --> 00:22:59,659
underground with other drug addicts but

562
00:23:08,270 --> 00:23:03,720
I I think the discernment

563
00:23:11,510 --> 00:23:08,280

is really the only way that those things

564

00:23:14,409 --> 00:23:11,520

will be seen and that no amount of

565

00:23:19,070 --> 00:23:14,419

information or

566

00:23:20,990 --> 00:23:19,080

data or explanation will

567

00:23:24,649 --> 00:23:21,000

change the minds if that's what we're

568

00:23:25,549 --> 00:23:24,659

looking for of people who like cannot

569

00:23:28,070 --> 00:23:25,559

yet

570

00:23:30,110 --> 00:23:28,080

see it you know

571

00:23:33,409 --> 00:23:30,120

um and that's just been my experience as

572

00:23:35,450 --> 00:23:33,419

someone who when I woke up you know

573

00:23:37,070 --> 00:23:35,460

raised on like movies in the 90s where

574

00:23:39,289 --> 00:23:37,080

all you had to do when you got the piece

575

00:23:40,610 --> 00:23:39,299

of Truth was get to the newspaper and if

576

00:23:42,169 --> 00:23:40,620

they could get it printed it was going

577

00:23:43,789 --> 00:23:42,179

to come out you know and you have this

578

00:23:45,830 --> 00:23:43,799

moment where you go oh that's [h__h]

579

00:23:47,690 --> 00:23:45,840

that the newspaper is actually owned by

580

00:23:51,169 --> 00:23:47,700

the corporations that own the rest of us

581

00:23:54,710 --> 00:23:51,179

cool okay but also people can't hear

582

00:23:56,390 --> 00:23:54,720

what they haven't been initiated to and

583

00:23:57,950 --> 00:23:56,400

I'm not I don't mean that in a

584

00:23:59,390 --> 00:23:57,960

hierarchical better than anyone else

585

00:24:03,529 --> 00:23:59,400

type way

586

00:24:06,110 --> 00:24:03,539

but it's a version of reality that until

587

00:24:11,269 --> 00:24:06,120

you have

588

00:24:13,909 --> 00:24:11,279

I see ears to hear I think is what that

589

00:24:16,070 --> 00:24:13,919

meant you it's it's Charlie Brown's

590

00:24:18,289 --> 00:24:16,080

teacher and then you just and then you

591

00:24:20,510 --> 00:24:18,299

get like not you but like we get like

592

00:24:24,289 --> 00:24:20,520

trying to explain it and then we sound

593

00:24:26,390 --> 00:24:24,299

nuts you know and so there it is this

594

00:24:29,450 --> 00:24:26,400

I do believe there is subjective and

595

00:24:33,649 --> 00:24:29,460

objective truth and then also we are

596

00:24:36,769 --> 00:24:33,659

having an individual experience where

597

00:24:38,630 --> 00:24:36,779

in this realm so yes in the in the in

598

00:24:40,070 --> 00:24:38,640

the 12th Dimension we're all one but in

599

00:24:41,690 --> 00:24:40,080

the third dimension you and I are two

600

00:24:45,110 --> 00:24:41,700

totally different people

601
00:24:47,390 --> 00:24:45,120
and to a certain degree do these things

602
00:24:49,730 --> 00:24:47,400
need to be known like do I need to let

603
00:24:50,630 --> 00:24:49,740
people know about what the government's

604
00:24:53,210 --> 00:24:50,640
doing

605
00:24:55,730 --> 00:24:53,220
I don't know can I do much about it

606
00:24:58,010 --> 00:24:55,740
if they aren't at a place to see that

607
00:25:01,549 --> 00:24:58,020
for themselves they're probably not

608
00:25:04,070 --> 00:25:01,559
going to believe me and I am going to

609
00:25:05,870 --> 00:25:04,080
blow out my own nervous system trying to

610
00:25:08,450 --> 00:25:05,880
bring someone to a place of awareness

611
00:25:10,669 --> 00:25:08,460
that I personally just believe is an

612
00:25:13,250 --> 00:25:10,679
expansion of your own Consciousness the

613
00:25:15,110 --> 00:25:13,260

ability to hold paradox you know the

614

00:25:18,230 --> 00:25:15,120

ability to see your own

615

00:25:20,390 --> 00:25:18,240

how your own prejudices and attachments

616

00:25:22,430 --> 00:25:20,400

and desires

617

00:25:23,750 --> 00:25:22,440

you know a lot of people want to go back

618

00:25:26,330 --> 00:25:23,760

to normal because they want to go back

619

00:25:28,190 --> 00:25:26,340

to normal and they're like shush I don't

620

00:25:30,110 --> 00:25:28,200

want to hear that we are living through

621

00:25:31,970 --> 00:25:30,120

the collapse of the civilization or the

622

00:25:34,070 --> 00:25:31,980

apocalypse because I just want to go

623

00:25:37,370 --> 00:25:34,080

back I just got a raise right before all

624

00:25:39,350 --> 00:25:37,380

this [h__h] started you know so um sorry I

625

00:25:41,269 --> 00:25:39,360

just go on [h__h] rants you just have

626
00:25:43,909 --> 00:25:41,279
to no no no no no not at all because

627
00:25:46,610 --> 00:25:43,919
that's all because in a way what you

628
00:25:49,250 --> 00:25:46,620
just articulated was kind of from the

629
00:25:51,529 --> 00:25:49,260
beginning my option b which is like

630
00:25:54,230 --> 00:25:51,539
shut up [h__h] you know we are doing

631
00:25:56,690 --> 00:25:54,240
more anyone who's doing the work of

632
00:26:00,169 --> 00:25:56,700
expanding Awakening

633
00:26:03,490 --> 00:26:00,179
tearing down paradigms is doing the good

634
00:26:06,350 --> 00:26:03,500
work so don't get caught up in

635
00:26:08,870 --> 00:26:06,360
process and even if people are going off

636
00:26:10,490 --> 00:26:08,880
track and kind of saying

637
00:26:12,049 --> 00:26:10,500
things that are weird it's like I always

638
00:26:13,730 --> 00:26:12,059

get in this thing with flat Earth you

639

00:26:16,549 --> 00:26:13,740

know and it just bugs the [h__h] out of me

640

00:26:18,470 --> 00:26:16,559

because it's like it's so stupid you

641

00:26:21,230 --> 00:26:18,480

know from a scientific it's just so

642

00:26:22,669 --> 00:26:21,240

stupid and then the coddling of people

643

00:26:25,630 --> 00:26:22,679

you know well I'm just going to be

644

00:26:29,149 --> 00:26:25,640

spherically neutral please don't

645

00:26:32,930 --> 00:26:29,159

unsubscribe you know it's like how are

646

00:26:34,730 --> 00:26:32,940

you gonna be able to make the decision

647

00:26:38,090 --> 00:26:34,740

as to whether or not you should let them

648

00:26:40,490 --> 00:26:38,100

jab your kids with the bio weapon gene

649

00:26:42,529 --> 00:26:40,500

therapy because that's a decision you're

650

00:26:44,990 --> 00:26:42,539

gonna have to make

651
00:26:47,390 --> 00:26:45,000
and it's like a real life decision that

652
00:26:50,390 --> 00:26:47,400
could be like life or death for your

653
00:26:52,370 --> 00:26:50,400
kids so how are you going to make that

654
00:26:55,549 --> 00:26:52,380
decision if you can't even [h__\h]

655
00:26:58,690 --> 00:26:55,559
figure out that the satellites aren't

656
00:27:01,010 --> 00:26:58,700
kept afloat by helium balloons I mean

657
00:27:02,570 --> 00:27:01,020
you know I mean I understand that these

658
00:27:03,649 --> 00:27:02,580
people can still walk into a gum at the

659
00:27:05,330 --> 00:27:03,659
same time they carry on a good

660
00:27:06,529 --> 00:27:05,340
conversation but it's like I want to

661
00:27:12,590 --> 00:27:06,539
like

662
00:27:13,850 --> 00:27:12,600
yourself if that's where you're at

663
00:27:16,130 --> 00:27:13,860

um I love that you're just saying all

664

00:27:18,409 --> 00:27:16,140

this I I am

665

00:27:20,870 --> 00:27:18,419

from the

666

00:27:23,810 --> 00:27:20,880

the group consciousness

667

00:27:27,710 --> 00:27:23,820

on Earth and have been for most of my

668

00:27:29,330 --> 00:27:27,720

life so I I'm like whoa all that stuff's

669

00:27:31,070 --> 00:27:29,340

those conversations are happening that's

670

00:27:36,049 --> 00:27:31,080

very interesting

671

00:27:37,730 --> 00:27:36,059

um I don't think that I mean hold on

672

00:27:40,130 --> 00:27:37,740

those are those are within our Circle

673

00:27:43,130 --> 00:27:40,140

our tiny little circle those topics are

674

00:27:44,690 --> 00:27:43,140

mainstream Sam tripley who I love Sam

675

00:27:48,110 --> 00:27:44,700

triplet because I love a spiritual show

676
00:27:50,690 --> 00:27:48,120
zero uh Eddie Bravo you know he's a I

677
00:27:52,250 --> 00:27:50,700
mean Joe Rogan will allow this kind of

678
00:27:54,649 --> 00:27:52,260
conversation I can go down the list

679
00:27:57,610 --> 00:27:54,659
Duncan Trussel you know these are like

680
00:28:01,510 --> 00:27:57,620
conversations that they have there's no

681
00:28:04,370 --> 00:28:01,520
there there's no injecting any kind of

682
00:28:06,590 --> 00:28:04,380
reality to any of that and I I'm just

683
00:28:10,370 --> 00:28:06,600
saying that doesn't serve us I think

684
00:28:14,750 --> 00:28:10,380
because you know the the bio weapon gene

685
00:28:17,630 --> 00:28:14,760
therapy thing is [h__\h] serious attempt

686
00:28:19,370 --> 00:28:17,640
to you know further that agenda and I'm

687
00:28:20,990 --> 00:28:19,380
I'm all for jumping out of the dimension

688
00:28:22,789 --> 00:28:21,000

and saying to me from a spiritual

689

00:28:25,490 --> 00:28:22,799

perspective I don't get too worked up

690

00:28:27,590 --> 00:28:25,500

about it because it doesn't matter but

691

00:28:30,250 --> 00:28:27,600

from uh you know I I think we gotta try

692

00:28:31,850 --> 00:28:30,260

try and do better than that

693

00:28:34,789 --> 00:28:31,860

I

694

00:28:37,370 --> 00:28:34,799

um don't touch that topic with a 10 foot

695

00:28:40,490 --> 00:28:37,380

Bowl because I just it's it's

696

00:28:43,310 --> 00:28:40,500

everybody's decision of how they want to

697

00:28:46,370 --> 00:28:43,320

perceive the entirety of what's going on

698

00:28:49,250 --> 00:28:46,380

is none of my business and also as

699

00:28:50,090 --> 00:28:49,260

someone who has

700

00:28:51,769 --> 00:28:50,100

um

701

00:28:56,330 --> 00:28:51,779

I didn't see I have really mixed

702

00:29:01,669 --> 00:28:56,340

feelings about about changing anyone's

703

00:29:03,230 --> 00:29:01,679

minds or affecting anyone's world view

704

00:29:04,909 --> 00:29:03,240

and this is a difficult part about

705

00:29:06,830 --> 00:29:04,919

talking into microphones for a living

706

00:29:09,049 --> 00:29:06,840

and something that I have I I was

707

00:29:11,029 --> 00:29:09,059

brazenly talking in microphones before I

708

00:29:13,010 --> 00:29:11,039

started to see reflected back to me like

709

00:29:14,930 --> 00:29:13,020

oh there are certain people who are

710

00:29:17,690 --> 00:29:14,940

making decisions about their own life

711

00:29:19,610 --> 00:29:17,700

based on stuff that I say and I got kind

712

00:29:21,889 --> 00:29:19,620

of overwhelmed by that responsibility

713

00:29:23,450 --> 00:29:21,899

and I have to check in with myself all

714

00:29:28,370 --> 00:29:23,460

the time and say like why am I doing

715

00:29:30,590 --> 00:29:28,380

this what what makes me what makes my

716

00:29:32,690 --> 00:29:30,600

heart sing what resonates with me I I

717

00:29:37,130 --> 00:29:32,700

don't love the attention

718

00:29:37,750 --> 00:29:37,140

I really I get uneasy with the

719

00:29:40,549 --> 00:29:37,760

um

720

00:29:43,190 --> 00:29:40,559

pedestalization because it feels

721

00:29:45,110 --> 00:29:43,200

terrifying and false and it's hard for

722

00:29:46,909 --> 00:29:45,120

me to have a bunch of different versions

723

00:29:49,310 --> 00:29:46,919

of Me based on other people's

724

00:29:52,610 --> 00:29:49,320

projections but more than anything I'm

725

00:29:54,950 --> 00:29:52,620

terrified of somebody going against

726
00:29:57,529 --> 00:29:54,960
their own personal truth because I'm

727
00:30:02,029 --> 00:29:57,539
charismatic

728
00:30:04,610 --> 00:30:02,039
um debatable I so anything that involves

729
00:30:07,430 --> 00:30:04,620
people's this is why I just really for

730
00:30:10,909 --> 00:30:07,440
me personally stay very zoomed out

731
00:30:15,110 --> 00:30:10,919
from because I'm wrong I'm wrong all the

732
00:30:17,210 --> 00:30:15,120
time so I stay very zoomed out from hard

733
00:30:21,350 --> 00:30:17,220
and that's not to say anyone else is

734
00:30:23,269 --> 00:30:21,360
doing the wrong thing but all all I

735
00:30:24,889 --> 00:30:23,279
think I'm interested in

736
00:30:27,830 --> 00:30:24,899
is

737
00:30:31,610 --> 00:30:27,840
providing to people validation

738
00:30:33,529 --> 00:30:31,620

for the process of Awakening because the

739

00:30:34,730 --> 00:30:33,539

the mainstream reality the old

740

00:30:36,850 --> 00:30:34,740

constructs will tell you that you're

741

00:30:41,029 --> 00:30:36,860

losing your mind

742

00:30:43,430 --> 00:30:41,039

and providing a kind of levity to the

743

00:30:45,409 --> 00:30:43,440

process because we all kind of get up

744

00:30:47,810 --> 00:30:45,419

our own ass about spirituality we take

745

00:30:50,090 --> 00:30:47,820

it way too [h__h] seriously and

746

00:30:53,750 --> 00:30:50,100

everything that I've ever encountered in

747

00:30:56,330 --> 00:30:53,760

the higher Dimensions is very funny it's

748

00:30:58,009 --> 00:30:56,340

very funny it's [h__h] your dumb problems

749

00:31:01,009 --> 00:30:58,019

you know

750

00:31:02,870 --> 00:31:01,019

um and then that kind of stuff that's

751
00:31:04,549 --> 00:31:02,880
for no matter what my opinions are

752
00:31:07,970 --> 00:31:04,559
that's for other people to figure out

753
00:31:11,930 --> 00:31:07,980
and I think Flat Earth is I've looked

754
00:31:13,570 --> 00:31:11,940
into none of this by the way I but but

755
00:31:18,049 --> 00:31:13,580
Flat Earth is at least people

756
00:31:20,930 --> 00:31:18,059
challenging known reality so who cares I

757
00:31:23,409 --> 00:31:20,940
mean does it change anything

758
00:31:27,649 --> 00:31:23,419
you know yeah

759
00:31:30,470 --> 00:31:27,659
well you know so there's uh a couple

760
00:31:33,889 --> 00:31:30,480
things I mean one you you are

761
00:31:35,210 --> 00:31:33,899
charismatic you know and the sage on the

762
00:31:38,810 --> 00:31:35,220
stage thing

763
00:31:41,389 --> 00:31:38,820

well you are you can't help it but the

764

00:31:43,610 --> 00:31:41,399

sage on the stage thing is

765

00:31:46,730 --> 00:31:43,620

Bravo you know for you to kind of

766

00:31:48,649 --> 00:31:46,740

acknowledge that and try and wrestle

767

00:31:50,389 --> 00:31:48,659

that to the ground because I do get a

768

00:31:52,430 --> 00:31:50,399

sense of that a genuine sense of that

769

00:31:55,250 --> 00:31:52,440

like in listening to you like you're

770

00:31:57,409 --> 00:31:55,260

kind of pulling back like you know wink

771

00:31:59,509 --> 00:31:57,419

don't really believe all the [h__\h]

772

00:32:00,950 --> 00:31:59,519

I'm saying I mean believe is believe as

773

00:32:04,730 --> 00:32:00,960

much as you can make useful for yourself

774

00:32:06,710 --> 00:32:04,740

but so I I think that's you know a very

775

00:32:08,930 --> 00:32:06,720

a very positive thing

776

00:32:11,090 --> 00:32:08,940

but I do think there's

777

00:32:14,269 --> 00:32:11,100

I I do think like

778

00:32:17,269 --> 00:32:14,279

with the flatter thing I mean for one

779

00:32:19,370 --> 00:32:17,279

Jesse you're not afraid to kind of share

780

00:32:21,950 --> 00:32:19,380

your opinion and share your opinion

781

00:32:24,710 --> 00:32:21,960

about certain individuals who you think

782

00:32:27,409 --> 00:32:24,720

are not you know

783

00:32:31,250 --> 00:32:27,419

tone the line or you know or trust fund

784

00:32:33,950 --> 00:32:31,260

kids who are too focused on their

785

00:32:35,630 --> 00:32:33,960

Robin Hood account and good porn you

786

00:32:37,730 --> 00:32:35,640

know what I mean and it's like screw

787

00:32:40,490 --> 00:32:37,740

that you know and wake up to come some

788

00:32:43,190 --> 00:32:40,500

kind of spiritual reality so we're all

789

00:32:45,830 --> 00:32:43,200

kind of multi-dimensional in that way

790

00:32:48,470 --> 00:32:45,840

too is that we are kind of in each

791

00:32:50,690 --> 00:32:48,480

other's face all the time so

792

00:32:52,909 --> 00:32:50,700

I don't want you to step back from that

793

00:32:55,310 --> 00:32:52,919

because you're in the game

794

00:32:58,789 --> 00:32:55,320

yeah and I am I'm going through this

795

00:33:01,430 --> 00:32:58,799

like annoying transformation where I'm

796

00:33:03,769 --> 00:33:01,440

learning about cptsd and Trauma

797

00:33:07,730 --> 00:33:03,779

responses and it's really put a damper

798

00:33:11,570 --> 00:33:07,740

on my hilarious [h__h] on other people

799

00:33:15,230 --> 00:33:11,580

um the the references you're making uh

800

00:33:18,169 --> 00:33:16,730

it was very difficult for me to even

801
00:33:20,149 --> 00:33:18,179
start talking about this stuff publicly

802
00:33:22,250 --> 00:33:20,159
I did not want to talk about this stuff

803
00:33:24,529 --> 00:33:22,260
publicly is I had been awake in the

804
00:33:26,930 --> 00:33:24,539
dream for 20 years kind of living under

805
00:33:29,149 --> 00:33:26,940
whatever I didn't resonate with anyone

806
00:33:30,289 --> 00:33:29,159
else who was saying anything close to it

807
00:33:32,750 --> 00:33:30,299
so

808
00:33:34,370 --> 00:33:32,760
and I was just a comedian on podcasts

809
00:33:36,529 --> 00:33:34,380
and then I just kind of went to this

810
00:33:38,149 --> 00:33:36,539
transformation where I came out and

811
00:33:42,409 --> 00:33:38,159
started talking about this and then I

812
00:33:45,230 --> 00:33:42,419
had my own fumbling through it and I

813
00:33:46,669 --> 00:33:45,240

spent a lot of time early on making fun

814

00:33:49,669 --> 00:33:46,679

of

815

00:33:51,529 --> 00:33:49,679

people who do this for a living and you

816

00:33:53,450 --> 00:33:51,539

know was I doing that because it needed

817

00:33:54,830 --> 00:33:53,460

to be made fun of kind of I think one of

818

00:33:57,230 --> 00:33:54,840

the things I made fun of was somebody

819

00:33:59,570 --> 00:33:57,240

say I I do have an issue with trust fund

820

00:34:02,269 --> 00:33:59,580

babies teaching manifestation but

821

00:34:03,769 --> 00:34:02,279

um was uh somebody saying that they're

822

00:34:05,690 --> 00:34:03,779

they went up to the Fifth Dimension and

823

00:34:09,770 --> 00:34:05,700

their guides told them to run a Black

824

00:34:15,649 --> 00:34:12,829

are you in the retail Department

825

00:34:16,790 --> 00:34:15,659

um but what has happened in the last

826
00:34:18,889 --> 00:34:16,800
year

827
00:34:20,270 --> 00:34:18,899
is I had multiple experiences where I

828
00:34:23,629 --> 00:34:20,280
played the villain in someone else's

829
00:34:25,790 --> 00:34:23,639
life and I thought I was right when I

830
00:34:28,010 --> 00:34:25,800
was doing it I thought I was the victim

831
00:34:32,030 --> 00:34:28,020
and when you have an experience like

832
00:34:34,069 --> 00:34:32,040
that hopefully you will take that wisdom

833
00:34:36,169 --> 00:34:34,079
of that paradox

834
00:34:38,089 --> 00:34:36,179
where the movie that was playing in my

835
00:34:40,129 --> 00:34:38,099
head I was the victim the movie that was

836
00:34:42,950 --> 00:34:40,139
playing in their head I was the villain

837
00:34:45,829 --> 00:34:42,960
then in defense of what I thought was in

838
00:34:47,810 --> 00:34:45,839

defense of myself I became the villain I

839

00:34:49,310 --> 00:34:47,820

played that role for them to be able to

840

00:34:50,869 --> 00:34:49,320

hold those at the same time and go okay

841

00:34:52,810 --> 00:34:50,879

well is

842

00:34:55,909 --> 00:34:52,820

is this person

843

00:34:58,010 --> 00:34:55,919

the villain that I have projected onto

844

00:35:00,109 --> 00:34:58,020

them or they a traumatized person doing

845

00:35:02,450 --> 00:35:00,119

the best they can and in learning about

846

00:35:05,630 --> 00:35:02,460

cptsd I learned that

847

00:35:08,510 --> 00:35:05,640

narcissism not the personality disorder

848

00:35:09,170 --> 00:35:08,520

but that like entitlement and

849

00:35:13,250 --> 00:35:09,180

um

850

00:35:15,349 --> 00:35:13,260

uh demanding and controlling is a

851
00:35:17,870 --> 00:35:15,359
mechanism of white trauma response and

852
00:35:20,690 --> 00:35:17,880
that ghosting is a mechanism of the the

853
00:35:22,849 --> 00:35:20,700
thought the flight trauma response I'm

854
00:35:24,950 --> 00:35:22,859
butchering it and that people in the

855
00:35:27,230 --> 00:35:24,960
Fallen trauma response they tell you yes

856
00:35:28,609 --> 00:35:27,240
to whatever you want because they want

857
00:35:30,230 --> 00:35:28,619
that thing to be over and all of a

858
00:35:32,810 --> 00:35:30,240
sudden I go oh that guy who ghosted Me

859
00:35:35,210 --> 00:35:32,820
Maybe not a huge hand-wringing [h__h]

860
00:35:38,390 --> 00:35:35,220
oh this person over here who acted very

861
00:35:41,150 --> 00:35:38,400
entitled was traumatized okay it's taken

862
00:35:43,190 --> 00:35:41,160
the fun out of the external enemy

863
00:35:46,550 --> 00:35:43,200

experience for me

864

00:35:48,710 --> 00:35:46,560

and like I said I do

865

00:35:50,390 --> 00:35:48,720

I don't have a I don't think I have

866

00:35:55,490 --> 00:35:50,400

resonate with flat Earth

867

00:35:57,770 --> 00:35:55,500

uh but I am so open to challenging all

868

00:35:59,990 --> 00:35:57,780

constructs I love it including the ones

869

00:36:03,410 --> 00:36:00,000

I hold dear

870

00:36:05,890 --> 00:36:03,420

um and not just switching from old

871

00:36:09,230 --> 00:36:05,900

constructs to a new

872

00:36:12,230 --> 00:36:09,240

homogenized uh this is the set of rules

873

00:36:14,089 --> 00:36:12,240

and we're sticking to it so

874

00:36:18,109 --> 00:36:14,099

um you know I know the other subject is

875

00:36:20,810 --> 00:36:18,119

is very charged and and I just don't for

876

00:36:22,190 --> 00:36:20,820

many reasons just I don't want to have

877

00:36:23,930 --> 00:36:22,200

anything to do with that conversation

878

00:36:26,510 --> 00:36:23,940

but

879

00:36:28,550 --> 00:36:26,520

um I'm not sure that like do I need to

880

00:36:30,530 --> 00:36:28,560

control what other people do with their

881

00:36:35,089 --> 00:36:30,540

a lot I didn't

882

00:36:36,530 --> 00:36:35,099

yeah I mean well like one of the things

883

00:36:38,210 --> 00:36:36,540

you say that I think is like

884

00:36:41,329 --> 00:36:38,220

fundamentally true and here's the way I

885

00:36:44,210 --> 00:36:41,339

would put it like so Flat Earth is is

886

00:36:47,030 --> 00:36:44,220

stupid okay so scientifically it's just

887

00:36:50,569 --> 00:36:47,040

a stupid idea and you hear it and you go

888

00:36:53,390 --> 00:36:50,579

oh my God now the counter to that in my

889

00:36:56,150 --> 00:36:53,400

opinion is statistically I would be

890

00:36:59,650 --> 00:36:56,160

willing to bet that people who are flat

891

00:37:03,710 --> 00:36:59,660

earthers are dramatically statistically

892

00:37:06,890 --> 00:37:03,720

significantly less likely to be injected

893

00:37:10,490 --> 00:37:06,900

by the bio weapon gene therapy thing

894

00:37:12,589 --> 00:37:10,500

right so it's like oh is that really a

895

00:37:15,530 --> 00:37:12,599

bad thing I mean you're a flat earther

896

00:37:17,750 --> 00:37:15,540

but you saw through this other [h__\h]

897

00:37:19,370 --> 00:37:17,760

because you had this Uber empiricism

898

00:37:21,829 --> 00:37:19,380

thing like hey I don't believe anything

899

00:37:23,990 --> 00:37:21,839

unless somebody shows it to me and that

900

00:37:26,150 --> 00:37:24,000

turns out to be from a kind of practical

901
00:37:30,589 --> 00:37:26,160
strategy standpoint in the world we live

902
00:37:34,010 --> 00:37:30,599
in probably a better overall strategy so

903
00:37:35,690 --> 00:37:34,020
I'm kind of with you in that respect but

904
00:37:38,210 --> 00:37:35,700
it's still

905
00:37:40,069 --> 00:37:38,220
stupid and I think you I just think we

906
00:37:43,250 --> 00:37:40,079
have to kind of

907
00:37:46,790 --> 00:37:43,260
find find that terrain that we're gonna

908
00:37:49,190 --> 00:37:46,800
uh flower and then plant and water and

909
00:37:51,950 --> 00:37:49,200
that is that we can find discernment

910
00:37:54,890 --> 00:37:51,960
this way and we can call

911
00:37:56,930 --> 00:37:54,900
stupid [h__h] stupid and that's okay and

912
00:38:00,470 --> 00:37:56,940
it's part of the process of really

913
00:38:02,089 --> 00:38:00,480

figuring out what's true and so with

914

00:38:04,250 --> 00:38:02,099

that that's enough Flat Earth nonsense

915

00:38:06,109 --> 00:38:04,260

you know what you said also that kind of

916

00:38:09,109 --> 00:38:06,119

resonated me quick story have you ever

917

00:38:10,790 --> 00:38:09,119

heard of uh Rich Martini uh the guy he

918

00:38:12,290 --> 00:38:10,800

did a movie he's a Hollywood guy and he

919

00:38:14,510 --> 00:38:12,300

did a movie called flip side he really

920

00:38:16,130 --> 00:38:14,520

got into past life regression in between

921

00:38:17,990 --> 00:38:16,140

life regression

922

00:38:19,310 --> 00:38:18,000

so anyways anyone who wants to go watch

923

00:38:21,770 --> 00:38:19,320

this movie there's this kind of seminal

924

00:38:23,030 --> 00:38:21,780

point in it where he's at this weekend

925

00:38:25,670 --> 00:38:23,040

retreat and they're doing these past

926

00:38:29,030 --> 00:38:25,680

life aggressions this one woman has this

927

00:38:32,270 --> 00:38:29,040

past life regression and she's in a

928

00:38:34,430 --> 00:38:32,280

concentration camp and she's walking to

929

00:38:36,470 --> 00:38:34,440

the gas Chambers and suddenly she

930

00:38:39,290 --> 00:38:36,480

realizes that that's what's happening

931

00:38:41,750 --> 00:38:39,300

you know and she's like frantic and

932

00:38:43,190 --> 00:38:41,760

she's like at least I'm gonna attack a

933

00:38:46,490 --> 00:38:43,200

guard you know I'll take somebody with

934

00:38:48,890 --> 00:38:46,500

me or this and that and then she goes no

935

00:38:52,010 --> 00:38:48,900

I'm just going to be with my people and

936

00:38:54,829 --> 00:38:52,020

I'm just going to settle into this and

937

00:38:57,410 --> 00:38:54,839

then she gets to the spiritual realm

938

00:39:00,050 --> 00:38:57,420

immediately right above it and she

939

00:39:01,069 --> 00:39:00,060

realizes she has this empathy for the

940

00:39:04,730 --> 00:39:01,079

guards

941

00:39:07,250 --> 00:39:04,740

because she realizes that the burden

942

00:39:10,010 --> 00:39:07,260

that they are going to carry from this

943

00:39:12,470 --> 00:39:10,020

experience is so much greater that she

944

00:39:15,109 --> 00:39:12,480

has died and she will be reborn and all

945

00:39:16,910 --> 00:39:15,119

that they will they have this like I

946

00:39:18,349 --> 00:39:16,920

hate the term but karmic kind of thing

947

00:39:19,910 --> 00:39:18,359

that they're going to have to unravel

948

00:39:22,430 --> 00:39:19,920

and their kids are going to have to

949

00:39:25,069 --> 00:39:22,440

unravel and all the rest of that so like

950

00:39:27,470 --> 00:39:25,079

that connects directly to me with kind

951
00:39:30,050 --> 00:39:27,480
of what you're saying on this more

952
00:39:31,730 --> 00:39:30,060
important level than kind of the Flat

953
00:39:34,970 --> 00:39:31,740
Earth level

954
00:39:36,650 --> 00:39:34,980
yeah I mean I think I think it's a you

955
00:39:39,730 --> 00:39:36,660
know it's a it's a small zoomed in thing

956
00:39:43,190 --> 00:39:39,740
dealing with right now and I I am

957
00:39:45,589 --> 00:39:43,200
obsessed with autonomy and allowing

958
00:39:48,050 --> 00:39:45,599
people to be in their own process so I

959
00:39:51,890 --> 00:39:48,060
believe that if you want to be a Mormon

960
00:39:54,230 --> 00:39:51,900
be a Mormon as long as your version uh

961
00:39:56,329 --> 00:39:54,240
your way of expressing reality doesn't

962
00:39:58,510 --> 00:39:56,339
involve infringing on the rights of

963
00:40:00,470 --> 00:39:58,520

other people and I think sometimes

964

00:40:02,690 --> 00:40:00,480

prosperization is infringing on the

965

00:40:05,270 --> 00:40:02,700

rights of other people but

966

00:40:07,730 --> 00:40:05,280

um when and I don't

967

00:40:10,130 --> 00:40:07,740

I got so I get like downloads of things

968

00:40:12,470 --> 00:40:10,140

that are coming and in 2019

969

00:40:13,990 --> 00:40:12,480

I got downloads about the the phase of

970

00:40:17,089 --> 00:40:14,000

the Awakening that we were coming into

971

00:40:20,150 --> 00:40:17,099

would be a level of Consciousness where

972

00:40:23,089 --> 00:40:20,160

you would realize I used I think I used

973

00:40:25,309 --> 00:40:23,099

rape as the as an example because it

974

00:40:28,609 --> 00:40:25,319

needed to carry the weight of this

975

00:40:29,990 --> 00:40:28,619

imagine coming out of a drunken stupor

976
00:40:32,510 --> 00:40:30,000
and realizing that you've been raped

977
00:40:35,270 --> 00:40:32,520
that's horrible that's horrible right

978
00:40:37,309 --> 00:40:35,280
I've done it multiple times now imagine

979
00:40:40,329 --> 00:40:37,319
coming out of a drunken stupor and

980
00:40:46,210 --> 00:40:40,339
realizing you had raped someone

981
00:40:48,589 --> 00:40:46,220
arguably if you are not a just [h__h] bag

982
00:40:52,010 --> 00:40:48,599
very few people actually

983
00:40:53,809 --> 00:40:52,020
worse I mean I personally would rather

984
00:40:56,569 --> 00:40:53,819
be the victim than the villain nine

985
00:40:58,490 --> 00:40:56,579
times out of ten because the weight of

986
00:41:00,970 --> 00:40:58,500
being consciously aware

987
00:41:03,710 --> 00:41:00,980
so we don't remember our past lives yet

988
00:41:05,750 --> 00:41:03,720

but what what has been happening for the

989

00:41:07,790 --> 00:41:05,760

last couple of years where suddenly we

990

00:41:10,790 --> 00:41:07,800

are able to look at our past in this

991

00:41:15,410 --> 00:41:10,800

country with real eyes without this

992

00:41:17,930 --> 00:41:15,420

dissociated propaganda version of the

993

00:41:19,790 --> 00:41:17,940

things we've all been complicit in we're

994

00:41:22,069 --> 00:41:19,800

able to look at this and there is a

995

00:41:24,349 --> 00:41:22,079

grief and there is a heaviness with that

996

00:41:27,230 --> 00:41:24,359

and it takes bravery and vulnerability

997

00:41:29,450 --> 00:41:27,240

to say I'm not going to just pick a side

998

00:41:33,589 --> 00:41:29,460

and say that this is I'm going to do the

999

00:41:36,950 --> 00:41:33,599

work of like saying like I did this I

1000

00:41:40,130 --> 00:41:36,960

hurt people I I benefit from A system

1001

00:41:43,609 --> 00:41:40,140

that hurts people I've contributed to

1002

00:41:45,950 --> 00:41:43,619

this thing and karmically this goes way

1003

00:41:47,690 --> 00:41:45,960

back I think this is a massive massive

1004

00:41:49,550 --> 00:41:47,700

part of the work

1005

00:41:52,490 --> 00:41:49,560

and

1006

00:41:54,290 --> 00:41:52,500

I I think there's a potential people

1007

00:41:55,370 --> 00:41:54,300

talk about this closure I don't I don't

1008

00:41:56,990 --> 00:41:55,380

believe that's going to come from the

1009

00:41:58,730 --> 00:41:57,000

government saying aliens are real I

1010

00:42:01,190 --> 00:41:58,740

believe disclosure is an internal thing

1011

00:42:04,370 --> 00:42:01,200

that's happening for us and that a big a

1012

00:42:06,770 --> 00:42:04,380

big part of the disclosure is

1013

00:42:07,790 --> 00:42:06,780

um the memory of our past lives coming

1014

00:42:09,109 --> 00:42:07,800

back

1015

00:42:11,270 --> 00:42:09,119

which

1016

00:42:14,510 --> 00:42:11,280

people are waiting for some big ball to

1017

00:42:17,569 --> 00:42:14,520

drop where it suddenly shifts Society

1018

00:42:19,270 --> 00:42:17,579

shifts the World overnight what would do

1019

00:42:21,970 --> 00:42:19,280

that more

1020

00:42:24,770 --> 00:42:21,980

than remembering

1021

00:42:27,829 --> 00:42:24,780

your time as the thing that you think

1022

00:42:30,950 --> 00:42:27,839

you are in opposition of

1023

00:42:33,170 --> 00:42:30,960

yeah I think definitely and we see that

1024

00:42:35,210 --> 00:42:33,180

from people that's what they report you

1025

00:42:36,890 --> 00:42:35,220

know of having like that's the rich

1026

00:42:39,170 --> 00:42:36,900

Martini story is you have that

1027

00:42:41,270 --> 00:42:39,180

experience and it changes you and you

1028

00:42:43,550 --> 00:42:41,280

just said that you know earlier about

1029

00:42:45,950 --> 00:42:43,560

yourself of having that

1030

00:42:48,890 --> 00:42:45,960

that download or that experience of

1031

00:42:50,569 --> 00:42:48,900

being actually you had like did you do

1032

00:42:53,270 --> 00:42:50,579

like a formal past life regression it

1033

00:42:55,609 --> 00:42:53,280

was kind of a spontaneous past life kind

1034

00:42:56,809 --> 00:42:55,619

of thing experience

1035

00:42:58,490 --> 00:42:56,819

um I really don't know any of my past

1036

00:43:01,670 --> 00:42:58,500

lives other than I have some memories of

1037

00:43:02,870 --> 00:43:01,680

Atlantis but I mean the victim just when

1038

00:43:05,150 --> 00:43:02,880

you're saying you know the victim

1039

00:43:06,410 --> 00:43:05,160

perpetrator kind of thing that that you

1040

00:43:09,410 --> 00:43:06,420

kind of

1041

00:43:11,569 --> 00:43:09,420

yeah that was in this real this lifetime

1042

00:43:13,670 --> 00:43:11,579

and then and then I could take that

1043

00:43:15,650 --> 00:43:13,680

information and retroactively look at

1044

00:43:17,089 --> 00:43:15,660

like personal relationships in which I

1045

00:43:19,970 --> 00:43:17,099

thought I was the victim but no that was

1046

00:43:23,270 --> 00:43:19,980

just something that happened in in 2020

1047

00:43:26,150 --> 00:43:23,280

okay yeah no that's that's cool and I I

1048

00:43:28,010 --> 00:43:26,160

think you know Moy you know this is this

1049

00:43:30,650 --> 00:43:28,020

first date is really going well I just

1050

00:43:33,230 --> 00:43:30,660

have to say so we we could go on for a

1051

00:43:36,430 --> 00:43:33,240

long time but we we ought to try and

1052

00:43:39,349 --> 00:43:36,440

move towards wrapping it up and like

1053

00:43:41,990 --> 00:43:39,359

you know you said the Mormon thing and

1054

00:43:43,069 --> 00:43:42,000

I'm like I want to nod my head and say

1055

00:43:46,309 --> 00:43:43,079

yeah

1056

00:43:49,329 --> 00:43:46,319

but I want to say in the same way that

1057

00:43:52,490 --> 00:43:49,339

like if we're gonna pin down the the

1058

00:43:55,190 --> 00:43:52,500

historical ills of the United States of

1059

00:43:58,370 --> 00:43:55,200

America where I point to is always like

1060

00:44:00,290 --> 00:43:58,380

slavery right you know it's like wow and

1061

00:44:01,910 --> 00:44:00,300

there's still so many apologists today

1062

00:44:04,010 --> 00:44:01,920

and I have them on the phone and goes oh

1063

00:44:05,690 --> 00:44:04,020

no you know only a fraction of the

1064

00:44:08,510 --> 00:44:05,700

people in the South and I'm married into

1065

00:44:11,210 --> 00:44:08,520

the South I'm married in you know but

1066

00:44:12,770 --> 00:44:11,220

it's only a fraction of people small

1067

00:44:15,410 --> 00:44:12,780

percentage people you know own slave

1068

00:44:17,930 --> 00:44:15,420

it's like well that's just not true

1069

00:44:20,930 --> 00:44:17,940

I mean go look it up it's just not true

1070

00:44:24,349 --> 00:44:20,940

it's fudging the numbers in South

1071

00:44:26,150 --> 00:44:24,359

Carolina 50 of the people were connected

1072

00:44:28,010 --> 00:44:26,160

directly to slavery which means like he

1073

00:44:30,470 --> 00:44:28,020

had a slave in your family

1074

00:44:32,630 --> 00:44:30,480

or you owned a slave the way they fudge

1075

00:44:34,910 --> 00:44:32,640

the numbers is they go well you're a

1076

00:44:37,849 --> 00:44:34,920

family of six but only one person the

1077

00:44:40,670 --> 00:44:37,859

man the lead guy owned the slaves now is

1078

00:44:42,410 --> 00:44:40,680

that real that's not real you have 10

1079

00:44:44,770 --> 00:44:42,420

slaves the whole family you're all

1080

00:44:48,050 --> 00:44:44,780

connected to it right so that's just

1081

00:44:50,990 --> 00:44:48,060

changing the numbers so like to me

1082

00:44:53,030 --> 00:44:51,000

that's like step one like [\h__\h] black

1083

00:44:56,270 --> 00:44:53,040

lives matter what a fake [\h__\h]

1084

00:44:59,510 --> 00:44:56,280

[\h__\h] thing let's just let's just own

1085

00:45:01,790 --> 00:44:59,520

our history can't we like agree on like

1086

00:45:04,609 --> 00:45:01,800

that fact that I said before we even get

1087

00:45:08,690 --> 00:45:04,619

into BLM can we just agree that that

1088

00:45:12,170 --> 00:45:08,700

really happened and then after after

1089

00:45:14,750 --> 00:45:12,180

slavery ended the Ku Klux Klan came in

1090

00:45:16,609 --> 00:45:14,760

and just terrorized those people in the

1091

00:45:18,770 --> 00:45:16,619

white people down there into being just

1092

00:45:21,890 --> 00:45:18,780

the way that they were before that's our

1093

00:45:23,630 --> 00:45:21,900

freaking history man I mean so I switch

1094

00:45:26,270 --> 00:45:23,640

over to the Mormon thing and I say the

1095

00:45:29,270 --> 00:45:26,280

same thing it's like no it ain't cool

1096

00:45:32,450 --> 00:45:29,280

being a Mormon the history there sucks

1097

00:45:34,609 --> 00:45:32,460

and the the relationship to women the

1098

00:45:37,910 --> 00:45:34,619

relationship to African Americans the

1099

00:45:41,690 --> 00:45:37,920

relationship to everyone it it sucks you

1100

00:45:43,609 --> 00:45:41,700

you gotta you gotta own that and if you

1101
00:45:45,950 --> 00:45:43,619
own that I think the whole institution

1102
00:45:47,930 --> 00:45:45,960
just kind of collapses on its own weight

1103
00:45:50,150 --> 00:45:47,940
to a certain extent the only way it

1104
00:45:52,430 --> 00:45:50,160
survives is if we kind of continue to

1105
00:45:55,609 --> 00:45:52,440
prop it up and you know I think Tom

1106
00:45:57,410 --> 00:45:55,619
Cruise is is an awesome actor and I I

1107
00:46:00,410 --> 00:45:57,420
love Maverick but he's a freaking

1108
00:46:02,870 --> 00:46:00,420
Scientologist and that's just stupid man

1109
00:46:05,930 --> 00:46:02,880
I mean that's just craziness

1110
00:46:07,849 --> 00:46:05,940
yeah you're right you're right I

1111
00:46:11,030 --> 00:46:07,859
um it's hard to pick a religion that's

1112
00:46:12,530 --> 00:46:11,040
not uh steeped in the oppression of

1113
00:46:13,730 --> 00:46:12,540

other people

1114

00:46:15,530 --> 00:46:13,740

um

1115

00:46:17,930 --> 00:46:15,540

I guess what I mean is if you want to

1116

00:46:20,030 --> 00:46:17,940

have some kooky beliefs and you have

1117

00:46:22,670 --> 00:46:20,040

found a way to keep that [h__h] in your

1118

00:46:25,490 --> 00:46:22,680

own Aura in your own personal life and

1119

00:46:27,950 --> 00:46:25,500

not obviously try to legislate other

1120

00:46:29,990 --> 00:46:27,960

people's lives according to your kooky

1121

00:46:31,550 --> 00:46:30,000

beliefs and

1122

00:46:34,130 --> 00:46:31,560

um yeah that the entire thing isn't

1123

00:46:36,410 --> 00:46:34,140

built on the oppression of

1124

00:46:39,770 --> 00:46:36,420

um other people yeah so I that was a

1125

00:46:41,450 --> 00:46:39,780

terrible example um thank you no I let

1126
00:46:43,250 --> 00:46:41,460
me let me rush to your defense because

1127
00:46:45,109 --> 00:46:43,260
it's not terrible it's exactly what you

1128
00:46:46,550 --> 00:46:45,119
what you just said it's like because

1129
00:46:48,230 --> 00:46:46,560
that's the flip side you know what you

1130
00:46:49,790 --> 00:46:48,240
said earlier that I really wanted to

1131
00:46:50,990 --> 00:46:49,800
draw out because you say so many

1132
00:46:53,809 --> 00:46:51,000
brilliant things and I'm just kind of

1133
00:46:55,250 --> 00:46:53,819
combative by nature but many of the

1134
00:46:56,690 --> 00:46:55,260
things you've said really resonate with

1135
00:46:58,790 --> 00:46:56,700
me so one of the things you said is

1136
00:47:00,290 --> 00:46:58,800
paradox you know our biggest challenge

1137
00:47:01,910 --> 00:47:00,300
is to be able to deal with Paradox

1138
00:47:03,770 --> 00:47:01,920

because everywhere you turn is paradox

1139

00:47:06,050 --> 00:47:03,780

and I think you just laid out a

1140

00:47:08,690 --> 00:47:06,060

beautiful Paradox about you know the

1141

00:47:11,510 --> 00:47:08,700

Mormonism thing like like you did in

1142

00:47:14,690 --> 00:47:11,520

your sphere you know what would would

1143

00:47:17,990 --> 00:47:14,700

you or I say that you can't be Mormon

1144

00:47:21,589 --> 00:47:18,000

and live a rich positive spiritual life

1145

00:47:24,349 --> 00:47:21,599

that uplifts all your community and your

1146

00:47:26,930 --> 00:47:24,359

family of course you can you know what I

1147

00:47:28,430 --> 00:47:26,940

mean so it's like that's the Paradox in

1148

00:47:29,990 --> 00:47:28,440

some ways you could even say it works

1149

00:47:31,730 --> 00:47:30,000

better because a lot of the values that

1150

00:47:33,470 --> 00:47:31,740

are built into that are kind of give you

1151
00:47:35,450 --> 00:47:33,480
a leg up on doing that rather than some

1152
00:47:37,010 --> 00:47:35,460
of the crazy values so what do you think

1153
00:47:39,710 --> 00:47:37,020
about that

1154
00:47:41,809 --> 00:47:39,720
yeah I do think it is this is that

1155
00:47:43,190 --> 00:47:41,819
victim villain thing too because I did a

1156
00:47:45,589 --> 00:47:43,200
five-year stint in Born Again

1157
00:47:46,549 --> 00:47:45,599
Christianity and

1158
00:47:48,170 --> 00:47:46,559
um

1159
00:47:50,690 --> 00:47:48,180
in that

1160
00:47:52,910 --> 00:47:50,700
you know very oppressive against women

1161
00:47:54,770 --> 00:47:52,920
you know I suffered a lot of trauma

1162
00:47:58,270 --> 00:47:54,780
because I don't I didn't look or acts

1163
00:48:01,790 --> 00:47:58,280

like a woman enough or or whatever while

1164

00:48:03,290 --> 00:48:01,800

simultaneously believing that and to

1165

00:48:07,190 --> 00:48:03,300

this day there's this like Christian

1166

00:48:09,910 --> 00:48:07,200

martyrdom thing where uh Christians

1167

00:48:11,530 --> 00:48:09,920

believe themselves to be being

1168

00:48:14,750 --> 00:48:11,540

persecuted

1169

00:48:17,710 --> 00:48:14,760

by not being allowed to force other

1170

00:48:19,910 --> 00:48:17,720

people to do so they're taking

1171

00:48:22,490 --> 00:48:19,920

prayer out of school so it's like no dog

1172

00:48:24,410 --> 00:48:22,500

they're just not forcing people from

1173

00:48:26,329 --> 00:48:24,420

other cultures to pray to your God you

1174

00:48:29,450 --> 00:48:26,339

[h__h] weirdos nobody's telling you you

1175

00:48:31,609 --> 00:48:29,460

can't pray but that when you are used to

1176

00:48:34,190 --> 00:48:31,619

being the dominant Force which I think

1177

00:48:37,190 --> 00:48:34,200

is so much of what is happening and what

1178

00:48:39,049 --> 00:48:37,200

I truly think the work is right now is

1179

00:48:42,530 --> 00:48:39,059

looking at the ways in which we are

1180

00:48:44,809 --> 00:48:42,540

complicit in oppression not getting hung

1181

00:48:46,790 --> 00:48:44,819

up in the is this movement good or bad

1182

00:48:50,030 --> 00:48:46,800

because that's to me just to cop out to

1183

00:48:53,210 --> 00:48:50,040

not do the work of the the semantics of

1184

00:48:55,790 --> 00:48:53,220

whatever we benefit from A system that

1185

00:48:56,870 --> 00:48:55,800

has oppressed black people since this

1186

00:48:58,309 --> 00:48:56,880

country started it's the best way

1187

00:49:00,170 --> 00:48:58,319

knowledge I'm not great with history but

1188

00:49:02,990 --> 00:49:00,180

to this day we benefit from this system

1189

00:49:05,450 --> 00:49:03,000

can you sit in that discomfort can you

1190

00:49:07,549 --> 00:49:05,460

open your heart can you make amends

1191

00:49:09,829 --> 00:49:07,559

you know can you rather than expecting

1192

00:49:12,349 --> 00:49:09,839

that person who's been hurt to do the

1193

00:49:14,210 --> 00:49:12,359

work and get over it like can we go man

1194

00:49:16,130 --> 00:49:14,220

I want to make this right and and take

1195

00:49:18,650 --> 00:49:16,140

that into your personal relationships as

1196

00:49:20,089 --> 00:49:18,660

well we're so conditioned to not know

1197

00:49:22,730 --> 00:49:20,099

how to open our hearts and just

1198

00:49:24,589 --> 00:49:22,740

apologize and make amends for things

1199

00:49:25,970 --> 00:49:24,599

that you you'll be in love with someone

1200

00:49:27,230 --> 00:49:25,980

you're married for five years you spend

1201
00:49:28,069 --> 00:49:27,240
the whole time fighting trying to be

1202
00:49:30,530 --> 00:49:28,079
right

1203
00:49:34,730 --> 00:49:30,540
trying to be so what you know

1204
00:49:37,730 --> 00:49:34,740
so I don't remember how I got onto that

1205
00:49:42,049 --> 00:49:37,740
thing but I think yeah I think can you

1206
00:49:46,670 --> 00:49:42,059
be a Christian and and not need to let

1207
00:49:48,230 --> 00:49:46,680
like that should not be your cool you

1208
00:49:49,730 --> 00:49:48,240
can do that

1209
00:49:51,829 --> 00:49:49,740
um just like you can believe in flat

1210
00:49:54,770 --> 00:49:51,839
hurts now if you start trying to make

1211
00:49:56,630 --> 00:49:54,780
laws that affect my life with your flat

1212
00:49:59,089 --> 00:49:56,640
earthiness

1213
00:50:00,410 --> 00:49:59,099

I don't but I I just want everyone to

1214

00:50:03,349 --> 00:50:00,420

believe whatever they believe I believe

1215

00:50:06,049 --> 00:50:03,359

I'm an alien I mean I I want the freedom

1216

00:50:08,630 --> 00:50:06,059

for everyone to have that but we have to

1217

00:50:11,349 --> 00:50:08,640

learn we have to mature to the place

1218

00:50:14,210 --> 00:50:11,359

where we let people be their perspective

1219

00:50:17,270 --> 00:50:14,220

without imposing

1220

00:50:18,530 --> 00:50:17,280

our perspective onto them or you know in

1221

00:50:19,609 --> 00:50:18,540

the case of some of these things we're

1222

00:50:21,589 --> 00:50:19,619

talking about

1223

00:50:23,870 --> 00:50:21,599

are we imposing our perspective or have

1224

00:50:26,390 --> 00:50:23,880

we shaped our perspective to morally

1225

00:50:28,370 --> 00:50:26,400

justify ways in which we've hurt other

1226

00:50:30,829 --> 00:50:28,380

people you know

1227

00:50:32,750 --> 00:50:30,839

yeah obviously people can see that

1228

00:50:35,210 --> 00:50:32,760

there's a lot of a lot of different ways

1229

00:50:37,430 --> 00:50:35,220

to take that I I think where we're

1230

00:50:40,370 --> 00:50:37,440

heading in this conversation though is

1231

00:50:42,650 --> 00:50:40,380

like the starting point and in a lot of

1232

00:50:44,089 --> 00:50:42,660

ways the common ground and I think one

1233

00:50:46,970 --> 00:50:44,099

of the things that's that's what I think

1234

00:50:49,130 --> 00:50:46,980

is cool about in general the work that

1235

00:50:51,770 --> 00:50:49,140

you're doing is that

1236

00:50:54,530 --> 00:50:51,780

like both of us are grounded in this

1237

00:50:56,210 --> 00:50:54,540

spiritual and non-dual perspective

1238

00:50:59,329 --> 00:50:56,220

whether you want to call it non-dual or

1239

00:51:02,510 --> 00:50:59,339

not that's what it is you know and

1240

00:51:04,849 --> 00:51:02,520

that grounding makes all this stuff look

1241

00:51:06,410 --> 00:51:04,859

totally different because it makes this

1242

00:51:08,930 --> 00:51:06,420

life look totally it makes this life

1243

00:51:11,510 --> 00:51:08,940

look like you said not like a joke in a

1244

00:51:13,549 --> 00:51:11,520

bad way but like a a friendly joke you

1245

00:51:15,710 --> 00:51:13,559

know a good family joke you could tell

1246

00:51:17,750 --> 00:51:15,720

around the table and it also makes race

1247

00:51:21,349 --> 00:51:17,760

look like that it makes race look like

1248

00:51:25,250 --> 00:51:21,359

come on are you are you kidding me like

1249

00:51:27,829 --> 00:51:25,260

race really like okay yeah well we did

1250

00:51:29,870 --> 00:51:27,839

it I mean we we own all that stuff we've

1251
00:51:31,670 --> 00:51:29,880
done all that stuff that's still being

1252
00:51:33,829 --> 00:51:31,680
done here that's being done around the

1253
00:51:36,170 --> 00:51:33,839
world we have to own it we can't turn

1254
00:51:37,849 --> 00:51:36,180
our head away from it but it's kind of

1255
00:51:41,450 --> 00:51:37,859
part of the cosmic joke so I don't get

1256
00:51:43,490 --> 00:51:41,460
too caught up in that either and look at

1257
00:51:45,770 --> 00:51:43,500
this process of what you're talking

1258
00:51:48,170 --> 00:51:45,780
about of Awakening and then I think the

1259
00:51:50,930 --> 00:51:48,180
other the other thing that I really do

1260
00:51:54,770 --> 00:51:50,940
Vibe with you so well is that don't

1261
00:51:56,510 --> 00:51:54,780
forget E.T I mean because now like you

1262
00:51:57,950 --> 00:51:56,520
were saying about disclosure

1263
00:52:00,349 --> 00:51:57,960

the thing that always gets me about

1264

00:52:02,809 --> 00:52:00,359

disclosure is disclosure is over I mean

1265

00:52:04,970 --> 00:52:02,819

you can't have more disclosure than New

1266

00:52:07,430 --> 00:52:04,980

York Times front page and I interviewed

1267

00:52:09,530 --> 00:52:07,440

Leslie Kane I consider her a friend you

1268

00:52:11,750 --> 00:52:09,540

know interviewed her multiple times and

1269

00:52:14,150 --> 00:52:11,760

I Ralph Blumenthal the two people who

1270

00:52:17,809 --> 00:52:14,160

you know wrote the article for the New

1271

00:52:18,950 --> 00:52:17,819

York Times but so having said that you

1272

00:52:20,809 --> 00:52:18,960

know the government is out the

1273

00:52:23,210 --> 00:52:20,819

government's saying okay here's E.T and

1274

00:52:25,790 --> 00:52:23,220

look out because now we have to you know

1275

00:52:27,710 --> 00:52:25,800

it's all about the Pentagon big surprise

1276

00:52:30,410 --> 00:52:27,720

oh really but

1277

00:52:33,410 --> 00:52:30,420

and the first guy who comes forward is

1278

00:52:36,710 --> 00:52:33,420

you know counterintelligence right Lou

1279

00:52:38,930 --> 00:52:36,720

Elizondo yeah so yeah there's disclosure

1280

00:52:41,809 --> 00:52:38,940

there's aliens and let's bring in our

1281

00:52:43,730 --> 00:52:41,819

Conor intelligence guy he'd be the one

1282

00:52:45,650 --> 00:52:43,740

that you want to do that but there's a

1283

00:52:48,170 --> 00:52:45,660

another reality of that is that you

1284

00:52:49,910 --> 00:52:48,180

can't deny that that that's real so that

1285

00:52:52,010 --> 00:52:49,920

they denied it for seven years so now

1286

00:52:55,370 --> 00:52:52,020

it's real and

1287

00:52:58,069 --> 00:52:55,380

I guess my point a lot of babbling is to

1288

00:53:00,109 --> 00:52:58,079

hold those two things

1289

00:53:01,130 --> 00:53:00,119

and to move forward which is what you're

1290

00:53:03,290 --> 00:53:01,140

doing

1291

00:53:05,450 --> 00:53:03,300

hats off to you because it's it's so

1292

00:53:07,790 --> 00:53:05,460

hard to so hard to to do that I think

1293

00:53:09,710 --> 00:53:07,800

what has that been your experience and

1294

00:53:13,010 --> 00:53:09,720

working with other people and talking to

1295

00:53:16,010 --> 00:53:13,020

other people or how do you find that

1296

00:53:18,170 --> 00:53:16,020

I you know most of what I understand

1297

00:53:21,829 --> 00:53:18,180

about the world I've learned through

1298

00:53:28,910 --> 00:53:25,370

um myself and so you know I'm now at a

1299

00:53:31,010 --> 00:53:28,920

place of right after waking up I had

1300

00:53:33,470 --> 00:53:31,020

information that aliens gave me so it

1301

00:53:35,089 --> 00:53:33,480

was like there'll be no more at this or

1302

00:53:37,190 --> 00:53:35,099

that no right or wrong light or dark

1303

00:53:39,890 --> 00:53:37,200

male or female I didn't know what that

1304

00:53:41,510 --> 00:53:39,900

meant at the time like these boxes they

1305

00:53:43,910 --> 00:53:41,520

called them not we call them constructs

1306

00:53:45,829 --> 00:53:43,920

now they called um parameters these are

1307

00:53:48,170 --> 00:53:45,839

made up so everything you've understand

1308

00:53:49,370 --> 00:53:48,180

to be reality is is something that like

1309

00:53:52,010 --> 00:53:49,380

the

1310

00:53:53,870 --> 00:53:52,020

Collective Consciousness wrote out as

1311

00:53:56,750 --> 00:53:53,880

the map of this game

1312

00:54:01,309 --> 00:53:56,760

um those will dissolve and uh kind of

1313

00:54:03,829 --> 00:54:01,319

new thing will rise up that is more

1314

00:54:07,490 --> 00:54:03,839

fluid for a while

1315

00:54:10,069 --> 00:54:07,500

um I have found that we are just

1316

00:54:11,990 --> 00:54:10,079

starting to turn the corner as a

1317

00:54:14,270 --> 00:54:12,000

collective because this is a process you

1318

00:54:18,049 --> 00:54:14,280

don't come from being dead the [h__h]

1319

00:54:20,150 --> 00:54:18,059

asleep to just you get it it's like the

1320

00:54:22,329 --> 00:54:20,160

imagery I always get is is deep sea

1321

00:54:24,890 --> 00:54:22,339

divers you have to come up slow

1322

00:54:26,450 --> 00:54:24,900

otherwise you're going to and you see

1323

00:54:30,349 --> 00:54:26,460

certain people shoot up too fast and

1324

00:54:34,130 --> 00:54:30,359

they end up 51.50 and that's why I part

1325

00:54:36,770 --> 00:54:34,140

of this process is is saying not

1326

00:54:39,650 --> 00:54:36,780

spiritually bypassing to we're all one

1327

00:54:41,450 --> 00:54:39,660

you know but rather saying [\h__\h] yeah

1328

00:54:44,329 --> 00:54:41,460

this was a construct but you got really

1329

00:54:45,770 --> 00:54:44,339

hurt and I I benefited from you getting

1330

00:54:47,510 --> 00:54:45,780

really hurt in this contract so I'm

1331

00:54:50,450 --> 00:54:47,520

going to sit here in this moment because

1332

00:54:53,630 --> 00:54:50,460

we do have a need to be seen by one

1333

00:54:55,849 --> 00:54:53,640

another in order to

1334

00:54:57,349 --> 00:54:55,859

come back into Unity Consciousness we're

1335

00:54:59,150 --> 00:54:57,359

not going to jump cut to that so we're

1336

00:55:01,309 --> 00:54:59,160

in this process I I believe we're about

1337

00:55:03,890 --> 00:55:01,319

halfway through it

1338

00:55:05,510 --> 00:55:03,900

um and Paradox is in there and we are

1339

00:55:07,549 --> 00:55:05,520

used to having a team I'm on the red

1340

00:55:10,370 --> 00:55:07,559

team I'm on the blue team I'm on the you

1341

00:55:12,710 --> 00:55:10,380

know I'm I am opposed to this and I

1342

00:55:14,710 --> 00:55:12,720

think the next two years

1343

00:55:17,690 --> 00:55:14,720

um are really going to be focused about

1344

00:55:20,510 --> 00:55:17,700

what in the external reality do you

1345

00:55:24,650 --> 00:55:20,520

believe is your identity like what do

1346

00:55:27,170 --> 00:55:24,660

you identify as and Is that real and is

1347

00:55:29,630 --> 00:55:27,180

that true and is that programming and

1348

00:55:31,130 --> 00:55:29,640

are you refusing to see Humanity in

1349

00:55:33,470 --> 00:55:31,140

someone you believe

1350

00:55:36,289 --> 00:55:33,480

has the wrong Identity or believes in

1351

00:55:38,630 --> 00:55:36,299

the wrong thing we are not our beliefs

1352

00:55:39,890 --> 00:55:38,640

you know those are constructs and so

1353

00:55:41,390 --> 00:55:39,900

we're going to be getting challenged

1354

00:55:43,609 --> 00:55:41,400

there's going to be a lot of really

1355

00:55:44,270 --> 00:55:43,619

obvious

1356

00:55:48,770 --> 00:55:44,280

um

1357

00:55:50,690 --> 00:55:48,780

in our personal lives it's just my

1358

00:55:53,930 --> 00:55:50,700

understanding of what's coming

1359

00:55:57,770 --> 00:55:53,940

um if you are refusing to see your own

1360

00:56:00,230 --> 00:55:57,780

hypocrisy or you know

1361

00:56:01,970 --> 00:56:00,240

um you are entrenched in what you think

1362

00:56:05,569 --> 00:56:01,980

is right you're going to have the

1363

00:56:07,670 --> 00:56:05,579

opposite so if you visit a discomfort on

1364

00:56:09,109 --> 00:56:07,680

somebody else

1365

00:56:11,569 --> 00:56:09,119

because that's immediately going to be

1366

00:56:13,370 --> 00:56:11,579

visited back on you as an attempt to

1367

00:56:16,970 --> 00:56:13,380

kind of shake us out of that and get us

1368

00:56:19,010 --> 00:56:16,980

into a more being able to hold

1369

00:56:20,809 --> 00:56:19,020

because it's all just Paradox which will

1370

00:56:22,609 --> 00:56:20,819

can drive you nuts I have a hard time

1371

00:56:25,130 --> 00:56:22,619

sometimes having an opinion on anything

1372

00:56:27,349 --> 00:56:25,140

because I can see how all of it is true

1373

00:56:29,329 --> 00:56:27,359

I wanted to ask you do you believe that

1374

00:56:31,970 --> 00:56:29,339

we haven't that we share an energetic

1375

00:56:33,530 --> 00:56:31,980

grid here what specifically do you mean

1376

00:56:35,990 --> 00:56:33,540

Jessup

1377

00:56:37,069 --> 00:56:36,000

um the way that I see it I heard other

1378

00:56:38,510 --> 00:56:37,079

people talk about the grid and didn't

1379

00:56:42,049 --> 00:56:38,520

know what they were talking about and I

1380

00:56:43,670 --> 00:56:42,059

saw it one day that we are connected you

1381

00:56:45,589 --> 00:56:43,680

know we have like the

1382

00:56:47,150 --> 00:56:45,599

Aura the energy field around us and that

1383

00:56:49,549 --> 00:56:47,160

those energy fields are connected by

1384

00:56:51,109 --> 00:56:49,559

kind of an Internet

1385

00:56:55,430 --> 00:56:51,119

energetic internet

1386

00:56:58,549 --> 00:56:55,440

that is it does look like a grid and

1387

00:57:01,309 --> 00:56:58,559

um we the information that we bring into

1388

00:57:04,010 --> 00:57:01,319

the grid affects the grid we also pick

1389

00:57:06,490 --> 00:57:04,020

up information from the grid so when you

1390

00:57:09,230 --> 00:57:06,500

are seeking truth

1391

00:57:12,410 --> 00:57:09,240

this is just my understanding of it you

1392

00:57:14,690 --> 00:57:12,420

are injecting that truth into the grid

1393

00:57:17,390 --> 00:57:14,700

where it is available

1394

00:57:19,430 --> 00:57:17,400

for other people to pick up it is

1395

00:57:21,349 --> 00:57:19,440

available for us to collectively decide

1396

00:57:24,349 --> 00:57:21,359

to pick up

1397

00:57:25,549 --> 00:57:24,359

um as our new paradigm our new

1398

00:57:27,470 --> 00:57:25,559

constructs

1399

00:57:29,510 --> 00:57:27,480

also when you heal your [h__\h] when you

1400

00:57:30,950 --> 00:57:29,520

heal your own racism when you heal your

1401

00:57:33,589 --> 00:57:30,960

own

1402

00:57:35,930 --> 00:57:33,599

um you know uh uh what I'm calling

1403

00:57:37,309 --> 00:57:35,940

internalized capitalism this like I'm

1404

00:57:39,109 --> 00:57:37,319

not calling someone let's call that but

1405

00:57:41,750 --> 00:57:39,119

I resonate with this idea that we are

1406

00:57:43,789 --> 00:57:41,760

all driven as some sort of like worker

1407

00:57:46,309 --> 00:57:43,799

bees that we're not doing enough and

1408

00:57:47,930 --> 00:57:46,319

it's it's kind of a rogue program that

1409

00:57:50,750 --> 00:57:47,940

we're applying to things that doesn't go

1410

00:57:53,510 --> 00:57:50,760

with codependency when you heal these

1411

00:57:56,450 --> 00:57:53,520

things you do affect

1412

00:57:58,490 --> 00:57:56,460

the Grid in a way that we start to say

1413

00:58:00,650 --> 00:57:58,500

like maybe these codependent ideas of

1414

00:58:01,970 --> 00:58:00,660

Love are not serving us and that we are

1415

00:58:03,349 --> 00:58:01,980

hurting each other

1416

00:58:05,329 --> 00:58:03,359

and

1417

00:58:07,010 --> 00:58:05,339

you don't have to get on the microphone

1418

00:58:09,170 --> 00:58:07,020

and talk about that to affect that

1419

00:58:10,849 --> 00:58:09,180

change you don't have to make sure that

1420

00:58:14,270 --> 00:58:10,859

people understand that this is your

1421

00:58:16,430 --> 00:58:14,280

right you can just download that absorb

1422

00:58:18,049 --> 00:58:16,440

that research that whatever your flavor

1423

00:58:20,270 --> 00:58:18,059

whatever you're bringing to the

1424

00:58:23,210 --> 00:58:20,280

collective and you bring it into the

1425

00:58:25,309 --> 00:58:23,220

grid which is our

1426

00:58:28,970 --> 00:58:25,319

Collective space while we are

1427

00:58:31,549 --> 00:58:28,980

experiencing individual reality

1428

00:58:33,770 --> 00:58:31,559

so you know I'm okay with the grid as a

1429

00:58:35,930 --> 00:58:33,780

metaphor I'm just struggled with a

1430

00:58:38,870 --> 00:58:35,940

little bit when people try and add a

1431

00:58:42,530 --> 00:58:38,880

level of technical reality to it because

1432

00:58:45,230 --> 00:58:42,540

again I'm kind of schooled in that I was

1433

00:58:47,030 --> 00:58:45,240

a PhD in artificial intelligence before

1434

00:58:50,150 --> 00:58:47,040

I left and start starting my own AI

1435

00:58:52,130 --> 00:58:50,160

company I'm deep into the technology or

1436

00:58:54,829 --> 00:58:52,140

at least an understanding back in the

1437

00:58:57,530 --> 00:58:54,839

day I don't that's way past me now

1438

00:59:00,289 --> 00:58:57,540

but there's always been this tendency to

1439

00:59:02,569 --> 00:59:00,299

want to take what is a really good

1440

00:59:06,170 --> 00:59:02,579

metaphor which is the computer and kind

1441

00:59:07,970 --> 00:59:06,180

of apply it to this reality and it

1442

00:59:09,710 --> 00:59:07,980

always also always ties into this

1443

00:59:12,470 --> 00:59:09,720

special place and time that we're at and

1444

00:59:14,990 --> 00:59:12,480

it's like God that just doesn't just

1445

00:59:16,069 --> 00:59:15,000

quickly just scan history so many people

1446

00:59:18,410 --> 00:59:16,079

that thought they were at a special

1447

00:59:20,210 --> 00:59:18,420

place in time you know 100 years ago a

1448

00:59:22,490 --> 00:59:20,220

thousand years ago more than that you

1449

00:59:25,430 --> 00:59:22,500

know so I'm resistant to that and I'm

1450

00:59:27,289 --> 00:59:25,440

also resistant to it just because again

1451

00:59:30,109 --> 00:59:27,299

I've been super interested in yoga for a

1452

00:59:33,289 --> 00:59:30,119

long time and you look at that tradition

1453

00:59:35,450 --> 00:59:33,299

of that seeking tradition and you just

1454

00:59:38,030 --> 00:59:35,460

see the same [h__h] coming up you know and

1455

00:59:39,829 --> 00:59:38,040

people who are just saying I just need

1456

00:59:42,109 --> 00:59:39,839

to get out of it I need to get out of

1457

00:59:43,670 --> 00:59:42,119

the whole thing I need to and not that

1458

00:59:46,670 --> 00:59:43,680

there's not that that's perfect you're

1459

00:59:50,150 --> 00:59:46,680

messed up but when you see you know neem

1460

00:59:53,210 --> 00:59:50,160

karoli Baba walking around with nothing

1461

00:59:55,309 --> 00:59:53,220

but a broken Bowl on his head and a wrap

1462

00:59:57,530 --> 00:59:55,319

around his thing and living like that

1463

01:00:00,890 --> 00:59:57,540

for years just walking from town to town

1464

01:00:03,410 --> 01:00:00,900

you're going why would he do that

1465

01:00:07,490 --> 01:00:03,420

well why he's doing that is just to say

1466

01:00:10,390 --> 01:00:07,500

all this is fake but unless I experience

1467

01:00:14,450 --> 01:00:10,400

it on a minute by minute

1468

01:00:18,289 --> 01:00:14,460

basis I will be sucked back into this

1469

01:00:20,870 --> 01:00:18,299

reality so he if there was a grid he was

1470

01:00:23,089 --> 01:00:20,880

saying I'm stepping out of the grid and

1471

01:00:24,890 --> 01:00:23,099

I I you know I'm not going to kill

1472

01:00:26,990 --> 01:00:24,900

myself I'm not going to jump in the lake

1473

01:00:28,849 --> 01:00:27,000

to step out of the grid but I'm going to

1474

01:00:30,230 --> 01:00:28,859

step out of the Grid in this way and see

1475

01:00:33,289 --> 01:00:30,240

what that brings me

1476

01:00:35,089 --> 01:00:33,299

and I just think that to me resonates

1477

01:00:36,950 --> 01:00:35,099

with me from a spiritual practice

1478

01:00:38,870 --> 01:00:36,960

standpoint that's what I need to do

1479

01:00:40,370 --> 01:00:38,880

every day that's what I need to do when

1480

01:00:43,190 --> 01:00:40,380

I get into the ice bath that's what I

1481

01:00:44,930 --> 01:00:43,200

need to do when I do yoga I need to step

1482

01:00:46,250 --> 01:00:44,940

out of the grid what do you think about

1483

01:00:51,530 --> 01:00:46,260

that

1484

01:00:54,710 --> 01:00:51,540

I because I use the The Matrix and video

1485

01:00:56,809 --> 01:00:54,720

games and movies a lot as analogies

1486

01:01:00,950 --> 01:00:56,819

because I think they're we created those

1487

01:01:02,569 --> 01:01:00,960

to try to articulate what reality is but

1488

01:01:03,829 --> 01:01:02,579

I think sometimes people think I think

1489

01:01:06,589 --> 01:01:03,839

we actually live in a computer

1490

01:01:08,510 --> 01:01:06,599

simulation and I don't actually believe

1491

01:01:09,589 --> 01:01:08,520

that and as far as the grid is a

1492

01:01:12,470 --> 01:01:09,599

physical thing I don't know it is

1493

01:01:14,089 --> 01:01:12,480

definitely a metaphor I I don't think

1494

01:01:16,010 --> 01:01:14,099

I've come to a place yet where I

1495

01:01:19,490 --> 01:01:16,020

understand the way in which we are

1496

01:01:22,670 --> 01:01:19,500

connected I would say

1497

01:01:27,230 --> 01:01:22,680

um yeah we are sharing uh Consciousness

1498

01:01:31,910 --> 01:01:27,240

somehow and that I don't resonate with

1499

01:01:33,829 --> 01:01:31,920

the mainstream consciousness

1500

01:01:35,750 --> 01:01:33,839

you know when I got addicted to math it

1501
01:01:37,789 --> 01:01:35,760
was kind of an accident and then I was

1502
01:01:39,170 --> 01:01:37,799
actually relieved like when when my

1503
01:01:43,089 --> 01:01:39,180
family was like don't go down this path

1504
01:01:45,410 --> 01:01:43,099
you know I felt so disillusioned with

1505
01:01:47,690 --> 01:01:45,420
the reality where I'm just like

1506
01:01:50,329 --> 01:01:47,700
everyone's when I got old enough to find

1507
01:01:52,069 --> 01:01:50,339
out that magic wasn't real I'm like so

1508
01:01:53,510 --> 01:01:52,079
life is just working a job that you hate

1509
01:01:54,890 --> 01:01:53,520
so that you can afford a house you don't

1510
01:01:56,210 --> 01:01:54,900
give a [h__h] about so you can say in a

1511
01:01:57,710 --> 01:01:56,220
relationship that's already done of

1512
01:02:00,349 --> 01:01:57,720
course like let me off of this train

1513
01:02:02,809 --> 01:02:00,359

meth addiction cool

1514

01:02:05,089 --> 01:02:02,819

it'll only cost me my teeth in it

1515

01:02:06,470 --> 01:02:05,099

because this sucks like whatever this

1516

01:02:09,589 --> 01:02:06,480

hamster really sucks

1517

01:02:11,089 --> 01:02:09,599

so yeah I think to a certain extent what

1518

01:02:12,710 --> 01:02:11,099

I'm trying to articulate is that there

1519

01:02:14,150 --> 01:02:12,720

is a way for us to enact change that

1520

01:02:16,309 --> 01:02:14,160

doesn't necessarily have to be so

1521

01:02:18,529 --> 01:02:16,319

externally controlling I think we are

1522

01:02:20,809 --> 01:02:18,539

coming out of an externalized reality

1523

01:02:23,870 --> 01:02:20,819

going into an internalized reality and I

1524

01:02:26,089 --> 01:02:23,880

like this idea of us sharing a grid for

1525

01:02:28,609 --> 01:02:26,099

that we can share information which is

1526

01:02:30,890 --> 01:02:28,619

like to the best of my knowledge how it

1527

01:02:33,529 --> 01:02:30,900

how it plays out in higher like less

1528

01:02:36,829 --> 01:02:33,539

dense realities is there is a collective

1529

01:02:39,950 --> 01:02:36,839

Consciousness that is not

1530

01:02:43,490 --> 01:02:39,960

so grabby and demanding but yes

1531

01:02:46,069 --> 01:02:43,500

absolutely I think that the shielding uh

1532

01:02:49,069 --> 01:02:46,079

programming the grid without

1533

01:02:50,870 --> 01:02:49,079

being played by the grid

1534

01:02:53,990 --> 01:02:50,880

yeah I would definitely agree with that

1535

01:02:56,510 --> 01:02:54,000

and yeah I'm I've just discovered cold

1536

01:02:58,130 --> 01:02:56,520

water or it's been helping me a lot with

1537

01:03:00,289 --> 01:02:58,140

anxiety I haven't gotten to ice baths

1538

01:03:02,510 --> 01:03:00,299

but I've gotten to bowls of water bowls

1539

01:03:04,730 --> 01:03:02,520

of ice water in my face and cold showers

1540

01:03:06,109 --> 01:03:04,740

and yeah it's

1541

01:03:07,910 --> 01:03:06,119

and learning about the nervous system

1542

01:03:09,829 --> 01:03:07,920

and breathing I knew it was going to be

1543

01:03:11,630 --> 01:03:09,839

something stupid I knew we were going to

1544

01:03:13,130 --> 01:03:11,640

level up and it was going to be so dumb

1545

01:03:14,630 --> 01:03:13,140

like hey you've just been shallow

1546

01:03:15,890 --> 01:03:14,640

breathing breathe deep and you're going

1547

01:03:17,750 --> 01:03:15,900

to be able to access these parts of

1548

01:03:20,930 --> 01:03:17,760

yourself but then when it was literally

1549

01:03:23,150 --> 01:03:20,940

breathing and like water it's been it's

1550

01:03:24,950 --> 01:03:23,160

been pretty funny to find out like oh

1551

01:03:27,829 --> 01:03:24,960

there you are

1552

01:03:30,950 --> 01:03:27,839

that's awesome that's so do you do the

1553

01:03:33,410 --> 01:03:30,960

formal breathing like uh Wim Hof

1554

01:03:35,450 --> 01:03:33,420

not yet

1555

01:03:38,510 --> 01:03:35,460

I just encourage you to look into it I

1556

01:03:40,309 --> 01:03:38,520

mean I've done it for years and uh you

1557

01:03:42,950 --> 01:03:40,319

just immediately feel better and it's a

1558

01:03:46,370 --> 01:03:42,960

physiological thing you know endorphin

1559

01:03:48,049 --> 01:03:46,380

release DMT release whatever

1560

01:03:49,490 --> 01:03:48,059

but what I always thought was so

1561

01:03:51,349 --> 01:03:49,500

interesting and still do about Wim

1562

01:03:53,750 --> 01:03:51,359

office a lot of people don't know the

1563

01:03:55,490 --> 01:03:53,760

swim Hof's just a [h__h] Yogi I mean he

1564

01:03:57,730 --> 01:03:55,500

is when he was 16 years old he was

1565

01:04:00,170 --> 01:03:57,740

cutting out yoga

1566

01:04:02,510 --> 01:04:00,180

books you know and pasting them again I

1567

01:04:06,349 --> 01:04:02,520

mean it's all yoga even the breathing is

1568

01:04:08,809 --> 01:04:06,359

directly yoga but the ice and cold is a

1569

01:04:10,549 --> 01:04:08,819

city you know they call them a yoga kind

1570

01:04:12,410 --> 01:04:10,559

of thing and it's so it has all these

1571

01:04:15,170 --> 01:04:12,420

physiological benefits but what it

1572

01:04:17,329 --> 01:04:15,180

really is just about is you got this

1573

01:04:18,770 --> 01:04:17,339

chattering going up there that I've

1574

01:04:21,849 --> 01:04:18,780

heard you talk about it you know that

1575

01:04:24,470 --> 01:04:21,859

little guy up there and it's like

1576

01:04:27,170 --> 01:04:24,480

deciding making a decision that today

1577

01:04:28,430 --> 01:04:27,180

I'm going to enter into that ice bath

1578

01:04:30,410 --> 01:04:28,440

you know

1579

01:04:32,089 --> 01:04:30,420

and then you just you're forced to

1580

01:04:33,890 --> 01:04:32,099

listen to that chatter and it's like oh

1581

01:04:35,450 --> 01:04:33,900

no you know oh you know you've done

1582

01:04:37,270 --> 01:04:35,460

every day you know hundreds of time you

1583

01:04:41,270 --> 01:04:37,280

don't take a day off

1584

01:04:44,569 --> 01:04:41,280

and it's it it's an easy way to kind of

1585

01:04:47,329 --> 01:04:44,579

confront something that is physically

1586

01:04:49,309 --> 01:04:47,339

demanding but not really you know you're

1587

01:04:51,770 --> 01:04:49,319

not skydiving or anything you're gonna

1588

01:04:53,510 --> 01:04:51,780

get over it and the cold shower does

1589

01:04:56,270 --> 01:04:53,520

just as good because no one wants to get

1590

01:04:57,589 --> 01:04:56,280

in a cold shower so you want to any I

1591

01:05:00,109 --> 01:04:57,599

would encourage you anyone who wants a

1592

01:05:03,230 --> 01:05:00,119

it doesn't hear what you're saying about

1593

01:05:05,270 --> 01:05:03,240

the voice when you talk about the voice

1594

01:05:07,609 --> 01:05:05,280

go in a cold shower you'll hear that

1595

01:05:11,990 --> 01:05:07,619

freaking voice right away right

1596

01:05:14,690 --> 01:05:12,000

yeah yeah no it's been uh it's been I I

1597

01:05:17,529 --> 01:05:14,700

almost died again in January of this

1598

01:05:22,609 --> 01:05:17,539

year and uh I came out of that one

1599

01:05:24,770 --> 01:05:22,619

infinitely more traumatized and I uh

1600

01:05:26,630 --> 01:05:24,780

yeah just kind of had really intense

1601
01:05:27,589 --> 01:05:26,640
anxiety and panic attacks to where I

1602
01:05:29,809 --> 01:05:27,599
thought there was something wrong with

1603
01:05:33,049 --> 01:05:29,819
my heart and I went to the doctor and

1604
01:05:34,730 --> 01:05:33,059
she was like this is grief dog so like

1605
01:05:38,210 --> 01:05:34,740
many things in my life I discovered this

1606
01:05:39,770 --> 01:05:38,220
through necessity and it's crazy it's

1607
01:05:41,690 --> 01:05:39,780
crazy I get knocked into that kind of

1608
01:05:43,849 --> 01:05:41,700
trauma response and I just go get in a

1609
01:05:45,950 --> 01:05:43,859
cold shower and then I'm I'm focused on

1610
01:05:48,349 --> 01:05:45,960
raising my tolerance

1611
01:05:51,710 --> 01:05:48,359
to the cold you know I'm screaming like

1612
01:05:54,349 --> 01:05:51,720
a whole baby and then I come out and I'm

1613
01:05:56,210 --> 01:05:54,359

like oh my God this is amazing I can't

1614

01:05:57,890 --> 01:05:56,220

imagine what an ice bath would do but

1615

01:06:00,770 --> 01:05:57,900

yeah well you know one other one other

1616

01:06:02,750 --> 01:06:00,780

kind of hack that I'd throw your way and

1617

01:06:05,210 --> 01:06:02,760

you're already there but with the

1618

01:06:08,210 --> 01:06:05,220

breathing if you do practice the

1619

01:06:11,829 --> 01:06:08,220

breathing oh man you're in for a real

1620

01:06:14,750 --> 01:06:11,839

treat in terms of uh anxiety because

1621

01:06:17,270 --> 01:06:14,760

you're directly creating that experience

1622

01:06:19,190 --> 01:06:17,280

the flight or fight you're like

1623

01:06:20,750 --> 01:06:19,200

intentionally putting yourself in that

1624

01:06:21,950 --> 01:06:20,760

with a breath hold and you say okay I'm

1625

01:06:24,470 --> 01:06:21,960

gonna hold my breath for two minutes

1626

01:06:28,250 --> 01:06:24,480

when you first start to do that you're

1627

01:06:31,069 --> 01:06:28,260

panicky you know and then the logic says

1628

01:06:33,289 --> 01:06:31,079

but I can breathe at any time right so

1629

01:06:35,990 --> 01:06:33,299

it's like well where is the I'm panicky

1630

01:06:38,089 --> 01:06:36,000

but I'm totally in control of it and

1631

01:06:39,829 --> 01:06:38,099

then you're confronted with oh [h__h] I've

1632

01:06:42,109 --> 01:06:39,839

always been in control of the whole damn

1633

01:06:43,549 --> 01:06:42,119

thing anyway I just kind of kitted

1634

01:06:45,910 --> 01:06:43,559

myself you know what I mean it and it's

1635

01:06:49,069 --> 01:06:45,920

not that easy I'm not at all because

1636

01:06:51,049 --> 01:06:49,079

I've been there with all that stuff and

1637

01:06:51,890 --> 01:06:51,059

you know but you get what I'm saying

1638

01:06:54,470 --> 01:06:51,900

right

1639

01:06:55,849 --> 01:06:54,480

yeah no I that make

1640

01:06:57,890 --> 01:06:55,859

let me try it more something I noticed

1641

01:06:59,930 --> 01:06:57,900

when the heart palpitations would start

1642

01:07:01,789 --> 01:06:59,940

is I would realize I was holding my

1643

01:07:03,950 --> 01:07:01,799

breath which my doctor said is something

1644

01:07:07,670 --> 01:07:03,960

she sees kids do a lot but not adults

1645

01:07:10,609 --> 01:07:07,680

necessarily and then I breathe this deep

1646

01:07:12,049 --> 01:07:10,619

ordinarily so just like I you know I

1647

01:07:15,410 --> 01:07:12,059

have a lot of like some sensitivities

1648

01:07:18,230 --> 01:07:15,420

and and I just get forced

1649

01:07:22,010 --> 01:07:18,240

to release certain things I also don't

1650

01:07:26,089 --> 01:07:22,020

meditate I mean I is something I am just

1651
01:07:28,309 --> 01:07:26,099
kind of letting come naturally but I

1652
01:07:29,210 --> 01:07:28,319
think we are collectively realizing that

1653
01:07:31,910 --> 01:07:29,220
this

1654
01:07:35,870 --> 01:07:31,920
coming into our bodies

1655
01:07:37,309 --> 01:07:35,880
is the answer to a lot of this stuff

1656
01:07:39,770 --> 01:07:37,319
so Jessa where are you going to take

1657
01:07:41,750 --> 01:07:39,780
this this work I mean there's a lot of

1658
01:07:44,150 --> 01:07:41,760
potential areas you look like you're

1659
01:07:47,690 --> 01:07:44,160
kind of exploring a lot of things at the

1660
01:07:49,250 --> 01:07:47,700
same time where do you see your public

1661
01:07:51,410 --> 01:07:49,260
work going

1662
01:07:54,410 --> 01:07:51,420
I am coming out of a numerological year

1663
01:07:56,510 --> 01:07:54,420

seven and I'm coming out of you know I

1664

01:07:58,430 --> 01:07:56,520

got hit pretty hard in 2020 I got Lyme

1665

01:08:00,410 --> 01:07:58,440

disease I was kind of bedridden for a

1666

01:08:02,990 --> 01:08:00,420

year just as these things were taking

1667

01:08:05,450 --> 01:08:03,000

off and then I had a another medical

1668

01:08:08,450 --> 01:08:05,460

event I won't bum your listeners out

1669

01:08:10,430 --> 01:08:08,460

with in January

1670

01:08:11,930 --> 01:08:10,440

um I also just start things and then

1671

01:08:13,970 --> 01:08:11,940

stop

1672

01:08:17,570 --> 01:08:13,980

um I think I might be taking this party

1673

01:08:19,610 --> 01:08:17,580

to tick tock I'm finding myself

1674

01:08:22,490 --> 01:08:19,620

I had neurological line so it did affect

1675

01:08:24,289 --> 01:08:22,500

my like I lost my vocabulary my memories

1676

01:08:25,789 --> 01:08:24,299

a lot of my references and stuff haven't

1677

01:08:29,450 --> 01:08:25,799

really come back so this could inform

1678

01:08:31,669 --> 01:08:29,460

this but I'm finding the droning on of

1679

01:08:34,550 --> 01:08:31,679

my everything's feeling like opinion for

1680

01:08:37,010 --> 01:08:34,560

me and I'm just coming to a place where

1681

01:08:39,470 --> 01:08:37,020

I I don't know I'm I'm losing the the

1682

01:08:40,789 --> 01:08:39,480

gas to do it and like I said there are

1683

01:08:43,249 --> 01:08:40,799

so many things I don't want to talk

1684

01:08:44,990 --> 01:08:43,259

about I just like I go is this am I

1685

01:08:46,550 --> 01:08:45,000

bringing something to this if not I

1686

01:08:49,309 --> 01:08:46,560

don't you don't need my opinions on

1687

01:08:50,809 --> 01:08:49,319

whether or not you do this I don't I

1688

01:08:52,849 --> 01:08:50,819

don't want to be in that conversation I

1689

01:08:55,789 --> 01:08:52,859

don't want the responsibility of if I'm

1690

01:08:57,289 --> 01:08:55,799

wrong you get hurt I I don't want to

1691

01:09:00,649 --> 01:08:57,299

talk about current events I don't want

1692

01:09:03,229 --> 01:09:00,659

to talk about pop culture I just want to

1693

01:09:06,590 --> 01:09:03,239

speak to that bridge of early Awakening

1694

01:09:09,829 --> 01:09:06,600

it's really all I care about privately I

1695

01:09:11,329 --> 01:09:09,839

can go all kinds of places but all all

1696

01:09:13,610 --> 01:09:11,339

that really like

1697

01:09:15,530 --> 01:09:13,620

makes my heart sing I guess is that

1698

01:09:18,470 --> 01:09:15,540

bridge that I didn't have I didn't have

1699

01:09:19,669 --> 01:09:18,480

any there was a book called et101 was

1700

01:09:21,590 --> 01:09:19,679

the only thing I ever found that

1701

01:09:24,050 --> 01:09:21,600

described what was happening to me and

1702

01:09:25,849 --> 01:09:24,060

it was I do believe there's a benefit to

1703

01:09:29,050 --> 01:09:25,859

the isolation and early Awakening but

1704

01:09:32,269 --> 01:09:29,060

giving people practical

1705

01:09:34,070 --> 01:09:32,279

validation but also like how to keep a

1706

01:09:35,870 --> 01:09:34,080

foot in each of the worlds because if

1707

01:09:38,329 --> 01:09:35,880

you just blast off into the 12th

1708

01:09:41,329 --> 01:09:38,339

dimension for the entirety you're not

1709

01:09:44,930 --> 01:09:41,339

servicing this process that we're in so I

1710

01:09:46,910 --> 01:09:44,940

I have a lot of kind of visual

1711

01:09:50,090 --> 01:09:46,920

ideas that are kind of funny and stupid

1712

01:09:51,709 --> 01:09:50,100

with the with the metaphor that I use so

1713

01:09:53,870 --> 01:09:51,719

I think I might be moving towards that I

1714

01:09:55,790 --> 01:09:53,880

do hang out on patreon I I I'm a little

1715

01:09:58,550 --> 01:09:55,800

more serious over there

1716

01:10:01,250 --> 01:09:58,560

um also I do

1717

01:10:01,970 --> 01:10:01,260

um tarot would be an overstate bet but I

1718

01:10:04,669 --> 01:10:01,980

do

1719

01:10:07,550 --> 01:10:04,679

um readings for

1720

01:10:08,810 --> 01:10:07,560

um personal growth I guess I'm thinking

1721

01:10:11,209 --> 01:10:08,820

about maybe doing those a little more

1722

01:10:13,910 --> 01:10:11,219

publicly I tend to hide because I do

1723

01:10:17,149 --> 01:10:13,920

have issues with

1724

01:10:20,630 --> 01:10:17,159

um you know publicly being yeah whatever

1725

01:10:22,130 --> 01:10:20,640

this is no no I didn't mean to to stop

1726

01:10:24,110 --> 01:10:22,140

your flow there I just wanted to pull up

1727

01:10:26,030 --> 01:10:24,120

for people your website and maybe you

1728

01:10:28,970 --> 01:10:26,040

want to speak to any of these that are

1729

01:10:30,950 --> 01:10:28,980

still relevant and and that people might

1730

01:10:34,310 --> 01:10:30,960

you know want to check out you're still

1731

01:10:36,290 --> 01:10:34,320

doing Awakening OD occasionally soberish

1732

01:10:39,169 --> 01:10:36,300

was your previous podcast that's still

1733

01:10:42,530 --> 01:10:39,179

out there uh personal sessions hacking

1734

01:10:44,930 --> 01:10:42,540

abundance course any of those still uh

1735

01:10:47,930 --> 01:10:44,940

relevant for you going forward I'm kind

1736

01:10:50,990 --> 01:10:47,940

of slowly moving away from Total

1737

01:10:53,990 --> 01:10:51,000

sessions in I'm doing them much much

1738

01:10:55,490 --> 01:10:54,000

less they are helpful there's one where

1739

01:10:57,590 --> 01:10:55,500

you can just you want someone to talk to

1740

01:10:59,149 --> 01:10:57,600

about this stuff and we're just going to

1741

01:11:00,350 --> 01:10:59,159

bounce ideas back and forth it's much

1742

01:11:02,870 --> 01:11:00,360

cheaper because that's not really work

1743

01:11:04,610 --> 01:11:02,880

for me it's fun the other one is I don't

1744

01:11:06,530 --> 01:11:04,620

want to call this life coaching but it's

1745

01:11:10,250 --> 01:11:06,540

kind of life coaching if you're tied up

1746

01:11:12,890 --> 01:11:10,260

in knots you know that's kind of more my

1747

01:11:17,870 --> 01:11:12,900

Forte terrible it's all promotion

1748

01:11:19,729 --> 01:11:17,880

soberish is you know I change rapidly so

1749

01:11:21,290 --> 01:11:19,739

my it's cringy to me that my old

1750

01:11:23,870 --> 01:11:21,300

podcasts are still out because I don't

1751

01:11:26,450 --> 01:11:23,880

necessarily hold those same perspectives

1752

01:11:27,950 --> 01:11:26,460

but I have left them up because they

1753

01:11:31,550 --> 01:11:27,960

seem to resonate with people who are on

1754

01:11:33,470 --> 01:11:31,560

a similar spot and is an eighth

1755

01:11:35,330 --> 01:11:33,480

dimensional being it's a bit an

1756

01:11:37,610 --> 01:11:35,340

eight-dimensional being reluctantly

1757

01:11:40,910 --> 01:11:37,620

giving you tips for Life in The Matrix

1758

01:11:44,750 --> 01:11:40,920

those are fun it's just

1759

01:11:49,130 --> 01:11:44,760

and the hacking abundance course is I I

1760

01:11:53,930 --> 01:11:51,050

it is available if you don't have money

1761

01:11:55,669 --> 01:11:53,940

to pay for it because it's not lost on

1762

01:11:56,930 --> 01:11:55,679

me the hacking upon this course we have

1763

01:11:58,250 --> 01:11:56,940

an option where you just take it for

1764

01:12:00,110 --> 01:11:58,260

free and then send me the money if it

1765

01:12:01,729 --> 01:12:00,120

works for you I would love people to

1766

01:12:04,430 --> 01:12:01,739

have access to this information more

1767

01:12:07,010 --> 01:12:04,440

than I need to gatekeep it so um it's

1768

01:12:09,649 --> 01:12:07,020

pretty intensive but also ridiculous

1769

01:12:12,169 --> 01:12:09,659

like the video portions are like most

1770

01:12:14,930 --> 01:12:12,179

things I do some sort of

1771

01:12:16,790 --> 01:12:14,940

uh weird variety show so yeah all that

1772

01:12:18,590 --> 01:12:16,800

stuff that's up there is

1773

01:12:20,689 --> 01:12:18,600

that's the closest I've ever come to

1774

01:12:23,030 --> 01:12:20,699

party

1775

01:12:24,770 --> 01:12:23,040

well it's awesome and uh I'm so glad

1776

01:12:27,590 --> 01:12:24,780

that you that you came out and I think

1777

01:12:30,169 --> 01:12:27,600

we had a lot to really talk about and it

1778

01:12:32,510 --> 01:12:30,179

was a unique conversation and you're

1779

01:12:33,950 --> 01:12:32,520

awesome I hope you I hope you keep doing

1780

01:12:35,510 --> 01:12:33,960

it because I know you're serving a lot

1781

01:12:37,850 --> 01:12:35,520

of people

1782

01:12:42,050 --> 01:12:37,860

awesome

1783

01:12:44,270 --> 01:12:42,060

all right Jess so we will anytime

1784

01:12:46,430 --> 01:12:44,280

thanks again to Jessa Reed for joining

1785

01:12:49,250 --> 01:12:46,440

me today on skeptico the one question I

1786

01:12:51,950 --> 01:12:49,260

T up from this interview is can we be

1787

01:12:53,390 --> 01:12:51,960

seeking the truth and still be

1788

01:12:56,930 --> 01:12:53,400

entertaining

1789

01:13:00,290 --> 01:12:56,940

does conspiritainment do good work and

1790

01:13:02,810 --> 01:13:00,300

that it makes for a bigger tent or is it

1791

01:13:03,830 --> 01:13:02,820

poisoning the well to mix metaphors

1792

01:13:06,050 --> 01:13:03,840

there

1793

01:13:08,450 --> 01:13:06,060

let me know your thoughts love to hear

1794

01:13:12,229 --> 01:13:08,460

from you lots more to come

1795

01:13:13,790 --> 01:13:12,239

until next time take care and bye for

1796

01:13:19,970 --> 01:13:13,800

now